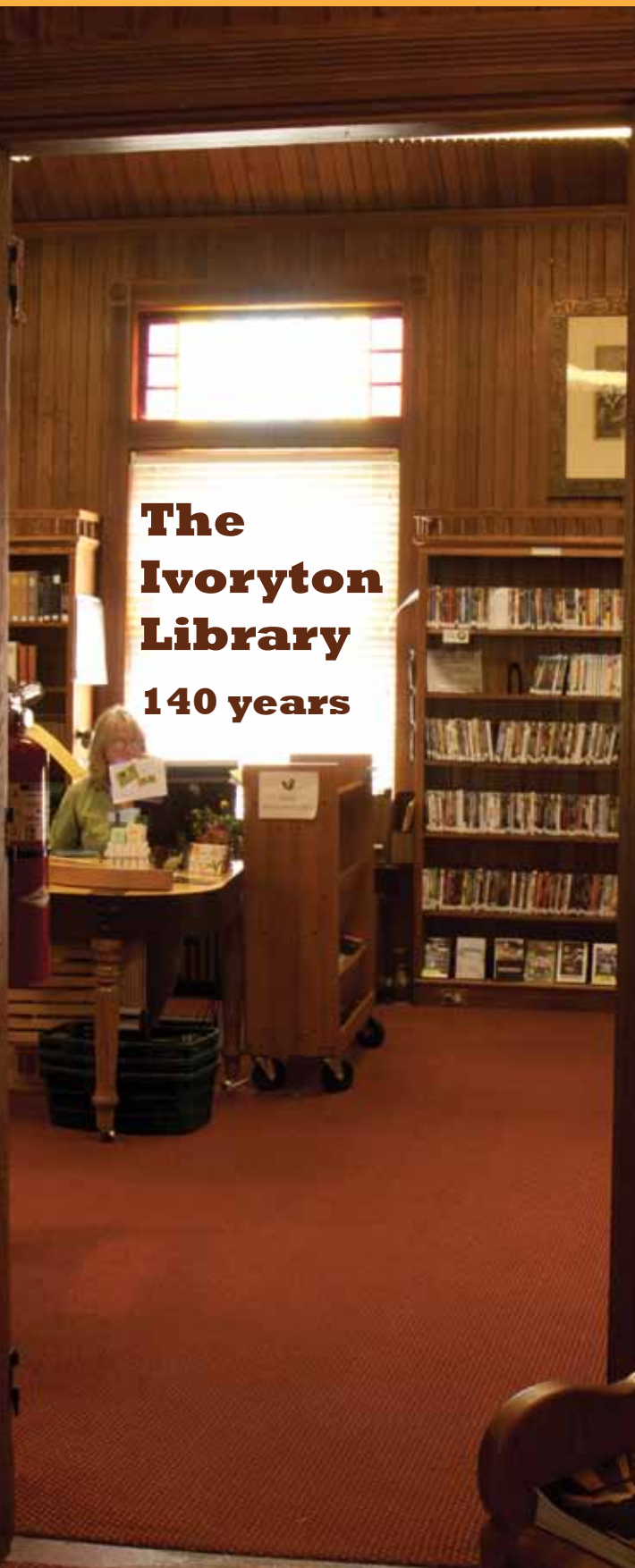




**The
Ivoryton
Library
140 years**



SECOND ANNUAL RUN LOCAL READ LOCAL
WILL BE ROAD AND TRAIL WALKTRIM

Suggestion
Box



Leading-edge technology.

Expert, board certified physicians.

Highly skilled, award-winning nurses.

The best care. At every turn.

At the **Middlesex Hospital Shoreline Medical Center**, we know we're a fixture on the shoreline, but we take nothing for granted. That's why we've invested in the latest advanced diagnostic imaging technology – including 64-slice CT, open and closed MRI and digital mammography – and the best people, like board-certified emergency doctors and clinically trained nurses, who are here 24/7. Patient satisfaction is our number one priority, as we continue to make a difference in our community and provide you with the best care possible.



LEARN MORE AT WWW.MIDDLESEXHOSPITAL.ORG
AND FOR REAL-TIME ER WAIT TIMES, VISIT WWW.MIDDLESEXERTIME.COM

First Selectman's Corner

Thirty

This issue of *Essex Events* features the one hundred plus years of the Ivoryton Library. With the venerable Essex Library, this complimentary force of community libraries gives us great reading, programming and enrichment.

The cover story is written by our Town Historian, Chris Pagliuco, an Ivoryton resident, teacher, and writer. Our last Historian was the late Don Malcarne, who contributed to the published historic books of the Ivoryton Library Association.

This is my last address to you in this *Essex Events Magazine* as your First Selectman. I want to thank you for having given me the privilege of serving for the last eight years and as third Selectman for four years prior.

You may recall last winter when our State Representative James Spallone accepted the position as Deputy Secretary of State that I won a special election to serve the rest of the term, so for the last eight months, I have served part-time in our legislature while finishing my full time term as your First Selectman, and now I'll serve solely as 36th district State Representative for Essex, Deep River, Chester, and Haddam, and years from now, I'll be the answer to an Essex trivia contest, to what former First Selectman briefly served in the legislature at the same time.

It has been very gratifying to be part of so many efforts and accomplishments for our town. These have helped us to keep our costs manageable and despite a sluggish economy, we have improved our public education system. Essex Elementary School continues to be a very strong program, and John Winthrop Middle School was named the Blue Ribbon school of the year in Connecticut for 2009-2010.



First Selectman Phil Miller

Just this past summer, Valley Regional High School was named as one of the nation's top high schools, and along with our sister Towns of Chester and Deep River, we have been given beautiful plaques commemorating this distinction, and ours proudly adorns the wall upstairs in Town Hall in between the American and Connecticut flags. And as strong as our commercial and industrial base is, as lovely as our homes and neighborhoods are, our greatest product is our young people. Just this October, Valley Regional has again been cited

continued on page 2

THE CHEESE SHOP
of Centerbrook

SPECIALTY FOODS & ESPRESSO BAR

We can prepare you for the Holidays

Having a problem deciding on that perfect gift? Let the Cheese Shop solve it for you. What better way to surprise your friends, relatives, or business associates than with an array of the world's finest cheese? All of our gift boxes and baskets comprise the same fresh natural cheese which you can purchase in our store at any time. Stop in and let our friendly, knowledgeable staff assist you.

33 Main Street, Unit 1, Centerbrook, CT 06409
860-767-8500
www.cheeseshopcenterbrook.com
 Open Monday - Saturday 10-6, Closed Sunday

RWW

Robinson Wright & Weymer
Funeral Home Inc.

*Serving All Faiths
in the Community Since 1894
Family Owned and Operated*

860-767-8000

Director/Owner P. Samuel Fulginiti
34 Main Street, Centerbrook, CT 06409

• *Selectman's Corner continued from page 1* •

for excellence, being named along with Daniel Hand High School of Madison for their cumulative athletic program achievement; Valley for recent State and conference championships in multiple men's and women's sports and exemplary sportsmanship displayed throughout.

During my time in office, I have had the opportunity to represent Essex in a number of regional partnerships, including three one-year terms as chair of the seventeen town Connecticut River Valley Council of Elected Officials. These towns have petitioned the State to become a regional planning organization, which will allow us individually and in concert to receive grant opportunities in the future.

I have also served four terms as chair of the Middlesex County Revitalization Commission, and three terms as chair of the thirty town and city Connecticut Area 2 Emergency Management region, which extends from the river towns westward along the shoreline to include New Haven, West Haven, Hamden, and Milford.

Essex is a leader in many efforts, such as the ten town Household Hazardous Waste facility, the nine town Estuary Transit District, also recently cited for national excellence, and the seven town group which works so well from Essex Island Marina to keep the lower Connecticut River and Sound vital.

One of the most helpful developments has been our ability to procure State and Federal grants which we had not

previously attained, aside from the building projects at JWMS and VRHS in '02-'03, and EES in '06-'07.

We have continued to receive grants to conserve and restore natural habitat and open space, especially in the restoration of Connecticut River estuary wetland habitat in partnership with boaters, sailors, paddlers and State conservationists.

We have commissions like the Economic Development Commission and they have successfully researched and developed granted projects of more than two million dollars in streetscape and infrastructure improvements. Our Planning Commission is finishing several grants administrations for various improvements, including one streetscape project scheduled for next summer, replacing and repairing the sidewalk from Ivoryton through Centerbrook.

We have rebuilt a full third of our local roads and sidewalks and several extensions and connections have been completed. We have secured grants to invest nearly a million, four hundred thousand into Essex Court, including recent weather utilization upgrades, similar to the Federal grants which we have used for weatherization improvements to Town Hall.

Thanks

I consider myself very fortunate to have worked with so many outstanding people who continue to help our town be an even better place, including Selectmen Norman Needleman,

continued on page 4



Resort to Relaxing this *Fall...*

And soothe your senses by the sea at Water's Edge Resort & Spa.

Whipped Almond & Amber Spice Massage
 Beautiful whipped almond butter is blended with the rich aroma of exquisite amber spice for a wonderfully relaxing massage.
 50 minutes ~ \$105 (tax & gratuities additional)

Pumpkin Spice Pedicure
 Delight in the scents of autumn with this spicy blend of pumpkin, cinnamon and nutmeg. The soft aroma evokes the spirit of fall and inspires a sense of relaxation while hydrating and soothing the skin. 45 minutes ~ \$55 (tax & gratuities additional)

Back to School - Time for Mom!
 Come and relax while your kids are at school Monday through Friday. Enjoy a refreshing express back massage, an express facial to make your skin feel vibrant and an express manicure/pedicure to make your fingers and toes sparkle.
 100 minutes ~ \$180 (tax & gratuities additional)

The Spa
 at Water's Edge

1525 BOSTON POST ROAD
 WESTBROOK, CT • 860.399.5901
www.watersedgeresortandspa.com

Rachel Thomas



860.767.8635

5 Essex Square, Essex, CT 06426

rachelthomasrealty.com

rachelthomas@rachelthomasrealty.com

Simply ... Excellence



Essex: Completely remodeled Charming doesn't begin to describe this expanded Cape Cod home. Located on a quaint street right next to an 80 acre town park. Three bedrooms including a new master suite, 2 full baths, cathedral ceilings, new kitchen. Only 30 days to completion.
\$359,900 James O'Rourke owner/agent



Niantic: 22 Spinnaker Lane Carefree living in this immaculate ("55 and over") Ranch. Two bedrooms, (mastr with bay window), two baths. Open, bright thru-out this wonderful open floor plan. Bonus SUNROOM. Office, full basement and 2 car attached garage. Close to village, shopping and beaches. **\$365,000 Nancy Johnson x 27**



Essex: Village Waterfront - Perfect getaway retreat in the Village of Essex. Walk to everything, then escape to your antique colonial on it's own peninsula with stunning views of the Connecticut River as well as water frontage. Offered at **\$865,000 Beth Brewer x 23**



Middle Haddam: CT Riverfront waterfront building lot. Located in an area of substantial properties, this 5 acre building lot with river frontage also owns and has frontage on a pond that is stocked with trout and boy the fish are jumping! Easy commute to Hartford, Middletown and Shoreline.
\$425,000 Maureen Wiltsie O'Grady x 16



East Haddam: Million Dollar Views - Come home to breathtaking views of the Connecticut River as you lounge on the 50 ft deck. Large and numerous windows allow for views from every room. Four bedrooms, 3.1 baths. Priced well below replacement cost; make this home yours. Unfinished walk-out basement for expansion possibilities. Low maintenance exterior. Newly built in 2005. Great location. **\$599,000 Maureen O'Grady x 16**



Mystic: Located within walking distance to downtown historic Mystic. This 2280 sq ft home offers plenty of space and open floor plan. New carpets and a new coat of paint are just some of the touches that make this move in ready home a gem. This home features a gourmet kitchen with granite counters, cedar closet, plenty of storage space, and much more. This home is beautifully landscaped and located in a quiet neighborhood. Call today for an appointment... tomorrow is to late! **\$349,900 Jennifer Capano x 26**



Chester: Unique Italianate Revival home set on 1.25 beautifully landscaped acres overlooking the Pattaconk Brook & waterfall. Two incredible fireplaces in the spacious living room & family room! Sunroom is surrounded by windows with lovely views of the waterfall! Custom maple & oak wood floors throughout. Charming eat-in kitchen. Attractive, detached garage has finished room upstairs for recreation, studio or office.
\$399,000 Maureen O'Grady x 16



Haddam/Middletown: - NEW PRICE! Is it the mature and luscious landscaping? Is it the CT River view? Is it the uncompromised quality? Rarely is a home of this caliber available at an affordable price. This 12 room American shingle style home has it all including 3 en suite bdrms, gorgeous kitchen, fine millwork and an office suite. Located just 10 minutes from city center with either Hartford or the shore only 25 minutes away.
679,000 Maureen O'Grady x 16



Essex: If you need space and thought you could never afford it, this is the property for you. Built by a master craftsman the details are exquisite as are the materials. Completely custom from 18 to 24 inch wide ash flooring to Honduran cherry trim and cabinetry. Twelve foot tall daylight basement with overhead door & radiant heating. In-law attached apartment as well as a second floor that is completed to the sheetrock and is 1 bedroom, bath and huge media room.
\$597,500 Maureen O'Grady x 16

• *Selectman's Corner continued from page 4* •

Joel Marzi, and Ken Kells, Finance Board members Jim Francis, Keith Crehan, Fred Vollono, Andy Morris, and Campbell Hudson, former First Selectmen Carl Ellison, John Johns, Peter Webster, and Bruce Glowac, who takes great care of our Region 4 facilities. Also school board members Rick Stebbins, Chris Riley, Dr. Jennifer Clark, Terry Stewart, Lon Seidman, Kathleen Maher, Mary Louise Polo, Mark Watson, Whitney Garlinghouse, and Dr. Jeff Burzin. Our school administrators, Dr. Ruth Levy, Dr. Joanne Beekley, and Dr. Deb O'Donnell, the wonderful Region 4 and Essex teachers and paraprofessionals, and especially Tom Fitzgerald of EES.

So many great commissioners, including Lee Thompson, Jay Beveridge, Paul Riggio, Wally Schieferdecker, Stu Ingersoll, Alix Walmsley, Susan Uihlein, Dr. Tom Danyliw, Hope Proctor, Linda Herman, Carla Feroni, Kay Tucker, Carl Kaufmann, Claire Tiernan, Ted Barry, Richard Helmicki, Chuck Courson, Mike Holmes, Jim Rawn, Stacia Libby, Tony Mosa, Doug Senn, Lynn Faulstick, Joe Zaraschi, and Dan Lapman.

Also our elected citizens, including our Town Clerk, Fran Nolin, our Tax Collector, Megan Haskins, Nancy Stadalnick, and our Treasurer, Bob Dixon. Our employees, including Deputy Treasurer Kelly Sterner, Maria Lucarelli, our Assessor, Jessica Sypher, Nancy Berryman, Pat McLean, Dana Novorio, Lynne Skinner, Dean Jacques, Rick Audet, MaryEllen Barnes, Kerry Berardinelli, Mark Hiatt, John Schumacher, and Darcy Roper.

Our Fire Marshal and Building Inspector, Keith Nolin, our Public Works Director, David Caroline, the Public Works crew, Joe Heller, Mike Birner, Scott Hofmann, Bill Armistead, Gary Riggio, Tom MacWhinney, Greg Peterson, Dr. Bill McCann and our Health Director, Lisa Fasulo. Senator Eileen Daily and former State Representative James Spallone and Congressman Joe Courtney, who visits Essex often.

So many people who empower our non-profits and other enterprises, including John Bogaert, John Heiser, Phil Reynolds, Joe Shea, David Winstead, Herb Clark, Sherry Clark, Jacqui Hubbard and the Playhouse crew, Bob Bell, Susan Dee, and the VRR group, Jerry Roberts, Tim Boyd, Bill Yule, Brenda Milkofsky, Susan Daniels and the CRM folks, Geoff Paul, Doug and Joan Paul, Lil Paul, Reverends Folts, Reverend Peterkin, Reverend Reed Brown, Reverend Crane and Father Paul and Father Brad of OLS. Veterans like Peter Muscolino, Bill Young, Sam Riggio, and Bud Lovell. Others, including Dr. Ed Tucker, Barbara Edwards, Chet Arnold, Lois Ely, Carol MacElwee, Louisa Ketron, Bill Grover, Diz Calendar, Bob Nussbaum, Stan Sheppard, Trip Wyeth, Dick Godwin, Andrew Griswold, Keith Chrisman, Frank Hall, Mary Beth Stebbins, Priscilla Munro, Michael Hammond, David Hyde, Peggy Tuttle, Janice Atkeson, Dawn Boulanger, Ted Nelson, Patty Dowling, Mary Ann Pleva, Kate Sandmann, Jennifer diTommaso, Ken Bombaci, Bob Fisher, Mike Sperzel, Dr. Steve Luster, Mark O'Neil, Fred Szhufnarowski, Susie Burke,

continued on page 12



William Pitt

Sotheby's
INTERNATIONAL REALTY

Local Expertise. Global Exposure.
wpsir.com



Old Saybrook - Quintessential 3000 sq ft cedar shingle Fenwick cottage with 6 Bedrooms and 5.5 baths, in ground swimming pool, wrap around porches on 2 levels, AC on 3rd floor. Possibility of 2 extra building lots. Third floor square footage not included. Offered at \$3,400,000.



Essex - 1850 Federal Style Colonial on village street of historic homes with views of the CT River on unusual large lot. Wide pine floors, four fireplaces, first floor Master suite. Pristine condition, updated with sensitivity to period. Offered at \$989,000.



Deep River - Water views of the CT River from this 1790 Cape and Guest House. Beautifully restored keeping the original & incorporating modern conveniences. 3 bedrm, 2.5 baths. Custom eat-in kitchen, Viking, Subzero, AC. 4 fireplaces. Landscaped. Water access across the street. Offered at \$849,000.



Essex - Water views from this delightful, well maintained home with wood floors, fireplace, Master bed with cathedral ceiling, skylight. Large deck overlooking landscaped garden with gazebo and South Cove views. Only minutes to the village. Offered at \$589,000.

ESSEX BROKERAGE | wpsir.com
13 MAIN STREET, ESSEX 860.767.7488

Each Office is Independently Owned and Operated.

Colette Harron
860.304.2391

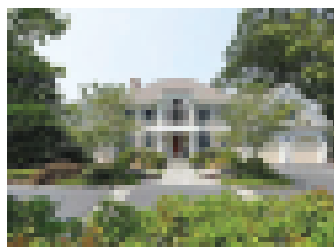




COLDWELL BANKER

RESIDENTIAL BROKERAGE

ColdwellBankerMoves.com



Home **\$1,100,000**
 Village masterpiece situated, located in prestigious Parkside Park, it means, built in 1920s, 4,000 sq. ft. (2,000 sq. ft. finished), 4 bedrooms, 4.5 baths, completely renovated, wood floors, custom millwork, stone, granite, stainless steel, stone walls, large garden, walk to village.
 860-227-8774
JanetGunn.com



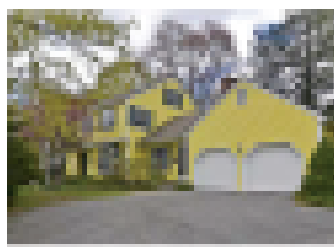
Home **\$1,000,000**
 Historic classic colonial located in prime early 18th century estate has original character and grandeur, 14 bedrooms, 10 baths, 4 living & dining areas, the 17 foot 6 inch floor to ceiling, large staircase & ballroom.
MargaretWilliams.com
 860-274-2888
JanetGunn.com
 860-227-8774



Home **\$875,000**
 Stunning 17th Century Farmhouse has 4 bedrooms & 4.5 baths. Also includes with two high end kitchens & baths. Great level walkable yard with fountain. Private setting overlooking the open fields.
EugenePalumbo.com
 860-429-1041
DoreenGonyea.com
 860-686-4433



Home **\$825,000**
 Extraordinary showing it will impress custom Cape with the 1800s style. Finished village in great on 4 legal lots & land around center plus extra surrounding beauty, level grounds with outdoor living area. Call or view photos
 860-274-8999
Ferdinand.com



Home **\$800,000**
 Family renovated Colonial style home in historic Parkside Village. Large 1800s style long wrap-around porch, granite & hardwood and white oak floor, kitchen, 10, 1200 sq. ft. finished walkout lower level.
 860-227-8774
JanetGunn.com



Home **\$800,000**
 Custom built Cape in prime, prime location overlooking the 1800s, near the lake, beautiful view, walk to ball field, restaurant. Traditional interior, more could add in the 2000s for the best of both worlds.
 860-274-8999
Ferdinand.com



Home **\$800,000**
 Extraordinary 17th century Farmhouse with 4 rooms Colonial style, granite, built-in kitchen, stone & wood floors, private site, and stone, stone walls, stone. More to mention, include 2nd, 3rd floor, 4th floor, level 1st floor.
JanetGunn.com
 860-227-8774
Ferdinand.com



Home **\$800,000**
 One built to live & enjoy the Lake Park Community 17th. This unique 18th-century residence has original features like with oak floors, the original fireplace, built-in kitchen, built-in double 7' doors in 18th, 19th & 20th.
 860-227-8774
Ferdinand.com



Home **\$800,000**
 Family renovated Essex style building. Custom interior, modern conveniences, large private office & conference meeting area. Full 12' stone fireplace, 2 1/2" x 12" granite built-in granite, built-in kitchen in full view.
 "Go" 860-227-8887
Ferdinand.com



Home **\$799,000**
 Well maintained Colonial style home on a beautiful landscaped lot. Great location in Parkside Village - one hour living large, open kitchen, custom built garage, especially for showrooms, stone & exterior stone.
 860-227-7583
DoreenGonyea.com



Home **\$780,000**
 Great country estate that includes the contemporary Professional grade granite. Granite, including the 1st floor & in-ground pool. Exceptional location, built 18th house - truly wonderful.
 860-224-2832
LoreePalumbo.com



Home **\$750,000**
 Stunning village, close to Parkside Village. Original features, beautiful location with view. Many award-winning surrounding areas, landscaped, 20 bedrooms, full built out of floor. Two finished garage.
MargaretWilliams.com
 860-274-2888
JanetGunn.com
 860-227-8774



5 Main Street, Essex, CT 06426
 860.787.2838



Call or text 860.787.2838



William
Pitt

Sotheby's
INTERNATIONAL REALTY



We treat every home like a masterpiece.



Rick Weiner
860.227.3191
rweiner@wpsir.com
Broker Associate - Licensed
in Connecticut & New York

SOTHEBY'S INTERNATIONAL DIAMOND AWARD WINNER

Top 1% in CT & NY of 30 Offices & 1,000 Sales Associates

Member of the Greenwich Association of Realtors; Real Estate Board of NY



www.22RackettLane.com

Essex Waterfront "Harbor View" c.2011 on South Cove. Offering the finest in waterfront living. Chef's kitchen, exercise room, elevator, wine cellar, media room, library, pool, granite patio, generator. Fabulous architectural detail and incomparable cove, harbor and CT river views. *Offered at \$3,250,000*



www.49OtterCoveDrive.com

PENDING

Old Saybrook Otter Cove Marvelous c.1762 waterfront estate set on an exquisite 4.35 acre point on the CT river. Main house w/modern master suite addition. Three bay carriage house with guest suite, cottage, pool, generators, dock with lifts. *Offered at \$2,850,000*



www.86JoshuatownRoad.com

Lyme "Weatherly" c.1776 historic colonial reconstructed on thirteen pristine waterfront acres with dramatic views of the Eight Mile river. Chestnut floors, seven fireplaces, barn, gardens. A perfect private family retreat at Hamburg Cove. *Offered at \$1,995,000*



Essex New home at Heron Pond. State-of-the-art energy efficiency. **Award-winning "green" builder.** Coffered and vaulted ceilings. First floor master suite. Adjacent to Essex Land Trust walking trails, pond. *Offered at \$797,500*



Essex Enjoy privacy, one floor living and sweeping valley and river views from this newly remodeled home. Custom craftsmanship throughout. Oak floors, new kitchen w/farmhouse sink, granite breakfast bar and stainless appliances. *Offered at \$795,000*



Essex Village Top to bottom renovated home. Kitchen with soapstone counter tops, Viking oven/range, central air, in-ground pool, deck, detached studio/office. Steps to Main Street shops, marinas, restaurants. *Offered at \$599,000*



PENDING

Old Saybrook Spectacular river and sound views and breezes are yours from this 3400sf contemporary c.2008. Hardwood and tile floors, two-story entry w/winding staircase. Kitchen/great room w/SubZero, granite island, fireplace. First floor bedroom. *Offered at \$599,000*



Ivoryton Lovely sunny home with wonderful floor plan in Falls River Farms. Large family room with vaulted ceiling opens to a newly remodeled kitchen. Expansive deck overlooks a private rear yard. Canoe and kayak nearby. Move-in ready! *Offered at \$399,000*



SOLD

Essex Village Charming Cape in immaculate condition with three first floor bedrooms and one bedroom suite upstairs. Three full baths. Remodeled kitchen, central air. Adjacent to Tiley Pratt Pond Essex Land Trust property. *Offered at \$374,900*



William
Pitt

Sotheby's
INTERNATIONAL REALTY



We treat every home like a masterpiece.

SOTHEBY'S INTERNATIONAL DIAMOND AWARD WINNER

Top 1% in CT & NY of 30 Offices & 1,000 Sales Associates

Member of the Greenwich Association of Realtors; Real Estate Board of NY



Rick Weiner
860.227.3191
rweiner@wpsir.com
Broker Associate - Licensed
in Connecticut & New York



www.47CoveRoad.com

Lyme Gracious shingle style waterfront home with new dock and mooring on Hamburg Cove! Over 4300sf offering first or second floor master suites, nine-foot ceilings, four fireplaces, open kitchen/great room, spacious stone patio. Superb! *Offered at \$1,995,000*



www.10CollinsLane.com

Essex Village Outstanding 4500sf Middle Cove waterfront Federal c.1837 with dock. Recently remodeled kitchen and baths. Wrap-around porch, balcony. Four bedrooms, 4.1 baths, guest suite above garage. Walk to shops, restaurants. Awesome views! *Offered at \$1,895,000*



Essex Village Waterfront A classic home set well back on Main Street. Exquisite landscaped yard. 2450sf, 4bedrms/2.1 bths. Seventy ft. of water frontage with dock. Two fireplaces, central air. Approved expansion plans convey. *Offered at \$1,595,000*



www.13HemlockDrive.com

Essex Private spacious shingled home offers gracious one-floor living. Serene setting with water access/views. Remodeled kitchen; Wolf, Viking appliances, 5 bds/4.1 baths. Patios, pool, gardens. Guest suite or au pair, detached office. *Offered at \$990,000*



Essex Contemporary Walls of glass afford panoramic views from this inviting and unique hilltop contemporary. Vaulted ceilings, open floor plan. New kitchen, master suite with fireplace. Rooftop deck, patio. Landscaping by master gardener. *Offered at \$597,500*



PENDING

Essex Riversedge Condo Cheerful ranch style end unit with a large deck overlooking the pond at Riversedge. Three bedrooms, three full baths, oak floors, fireplace, central air, pool. Finished walkout lower level. *Offered at \$249,900*



Essex Plains Road Commercial Condominium Class "A" 2600sf professional office or medical space in move-in condition. Reception, waiting room, conference room, four offices plus file and break areas. One of only three units in this highly visible building. For sale or lease. *Offered at \$500,000*



SOLD

Essex Plains Road Commercial Condominium Class "A" 1240sf office and showroom space with new attached 1800sf garage. Ideal for mechanical service provider. One of only three units in this highly visible building. *Offered at \$450,000*



Essex Village 5,000sf of prime retail space at the top of Main Street. May be subdivided to 2,500sf. Recently renovated former gallery space in a superb location with parking. Become part of "The Best Small Town in America." *Offered at \$4,250 per month net*

1 week access pass.

Savings up to **\$100** w/ any new membership.

Tap into our amenities of

HEALTHY LIVING OPPORTUNITIES.



Valley-Shore Y

ENDLESS BENEFITS:

TWO 25-yard swimming pools

- OVER 100 + GROUP FITNESS CLASSES EVERY WEEK
ZUMBA, SPIN, KICKBOXING, YOGA, PILATES, BOOTCAMP, AQUACISE AND MANY MORE!
- ACCESS TO A STATE OF THE ART FACILITY
Facility features include: FULL GYMNASIUM, TWO POOLS, NEWLY RENOVATED FITNESS & WELLNESS CENTER
- COMPLIMENTARY PERSONAL TRAINING SESSION
Limited one per person must book appointment in advance.



Bring this AD in for your 1 week pass.



Valley-Shore Y . www.vsymca.org
(860) 399-9622
201 Spencer Plains Rd Westbrook CT, 06498

GROWING STRONGER TOGETHER

****1 WEEK ACCESS PASS with this AD.**



Essex Garden Club Announces New Officers for 2012-2014

The new officers for the Essex Garden Club are Carol Denham, President; Linda Newberg, 1st Vice President; Augie Pampel, 2nd Vice President; Judith Winkler, Recording Secretary; Dianne Sexton, Corresponding Secretary; Nancy Hudson, Treasurer; and Ellie Wetmore, Assistant Treasurer.

After officially taking the EGC gavel on September 12, 2011, Carol Denham spoke of the Garden Club's important legacy over the past sixty years. The Garden Club undertook its first project in 1952 to clean up a plot of land, strewn with rubbish and used for parking, effectively blocking the view of Middle Cove. This land has since become the Town Park, "a jewel that provides a beautiful outdoor space for all to enjoy." The park continues to be a central focus for the Garden Club members, who maintain and add to the grounds annually.

The new president described the club's major fundraiser, "May Market," as a principal funding source for the other significant contributions the club makes to the town of Essex. These include civic beautification of the town, scholarships to young people, and educational and conservation initiatives. The club's production of garlic salt continues to be a "recipe for success."

Carol emphasized the consistency of purpose with which the club has maintained its focus over the past sixty years. "As we celebrate ourselves and those who came before, let



Left to right, Nancy Hudson, Treasurer; Judith Winkler, Recording Secretary; Carol Denham, President; Linda Newberg, 1st Vice President; Dianne Sexton, Corresponding Secretary. Missing: Augie Pampel, 2nd Vice President and Ellie Wetmore, Assistant Treasurer.

us remember that what we do has had a huge impact on the quality of life in our community. Our hard work does make a difference; we have a good thing going, so let's keep it up... Who knows what we will accomplish next!"



TWO LOCAL COMPANIES...ONE PHILOSOPHY... QUALITY WORK AT COMPETITIVE PRICES.

KITCHEN REMODELING • BATHROOM REMODELING
ADDITIONS • ATTIC REMODELING • BASEMENT FINISHING
SIDING (Vinyl, Shake, Hardy) • HARDWOOD FLOORS
TILE (Stone, Ceramic) • WINDOWS/DOORS



Create with Confidence.
860.434.2004
shawremodeling.com
Over 50 Years of Experience



Free Estimates • Fully Insured • HIC#612957

Recessed Lighting • Renovations and Additions
Landscape Lighting • New Construction
Outlets, Switches & Ceiling Fans • Service Upgrades
Code Violations Corrected • Data Networking



RESIDENTIAL • COMMERCIAL • INDUSTRIAL

860.434.3366 • SkedElectric.com

Free Estimates • 24 Hour Service • EI#190037



William
Pitt

Sotheby's
INTERNATIONAL REALTY

Local Expertise. Global Exposure.
wpsir.com



Essex: Magnificent newly built dream home on South Cove offering the finest in waterfront living. Chef's kitchen, elevator, wine cellar, library, media room, resistance pool. Fantastic architectural detail and incomparable cove, harbor, Essex Village and river views!

M9129507 \$3,250,000
Rick Weiner 860.227.3191



Essex: Stunning waterfront Contemporary in the village. Dramatic use of windows, high ceilings and sleek lines make this 3BR home as amazing as its panoramic views of North Cove and the CT River. Built in 2001, new dock, 3 fpls, large master bedroom suite, stone walls.

M9129429 \$2,175,000
Leslie Holland 860.575.5144



Essex: Stunning circa 1818 village residence thoughtfully renovated and updated. Magnificent private rear yard with glorious gardens and a separate barn, perfect for office or studio. Spectacular master suite, chef's kitchen and lovely public rooms.

M9123135 \$1,290,000
Jennifer & Jane Associates 860.227.6634



Essex: Circa 1898 village "Queen Anne Colonial" tastefully remodeled. 3BRs, large kitchen, elegant dining room, formal living room, den, front and rear porch. Finished 3rd floor with views of boat yard and CT River. Newer mechanics, roof, wood floors, air conditioning.

M9128034 \$625,000
Leslie Sullivan 860.391.3337



Essex: Water views from this delightful, well maintained home with wood floors, fpl, master bedroom with cathedral ceiling, skylight, large deck overlooking landscaped garden with gazebo and South Cove views. Minute to the village.

M9130388 \$589,000
Colette Harron 860.304.2391



Essex: Exceptional and private in town Colonial! Beautiful living room with columns, built-ins and fpl. Spacious kitchen with granite and stainless. Formal dining room, study, 4BRs, bonus/FR. 500 SF lower level finished area with half bath. Property in the heart of Essex!

M9128712 \$580,000
Kathy Schellens 860.395.4441



Essex: Steps to historic Essex village, this luxury condo features rich architectural details and quality craftsmanship throughout with a custom kitchen, steam shower, bookcases and cozy fireplace. Spacious living room leads to balcony with sweeping lawn and No. Cove views!

M9129088 \$569,000
Donn Holland 860.227.4737



Essex: Like new 4 bedroom, 2 and one half bath Colonial in private enclave with water rights to Pratt Pond. Large eat-in kitchen with granite and island. Large family room with fireplace. Formal living and dining rooms. Walking distance to the village.

M9129379 \$435,000
Joe Kelly 860.287.1222



Essex: Beautifully landscaped home along brook with a country feel. Freshly painted and well kept, this 3 bedroom/2 bath Colonial is a great buy. A 3-season porch, wooden deck and flat yard make this a nature lovers paradise. Close to town, library and park.

M9129947 \$389,000
Lisa Tiezzi 860.526.9235

ESSEX BROKERAGE | wpsir.com
13 MAIN STREET, ESSEX 860.767.7488

Each Office is Independently Owned and Operated.

Visit Sothebys.com
for Sotheby's Auction House
Schedules & Updates



THANK YOU

...FOR KEEPING US IN THE GAME

ESSEX LITTLE LEAGUE would like to thank all of our 2011 sponsors for their support this season.

BOGAERT CONSTRUCTION

CREHAN SAPIA GROUP

ESSEX HARDWARE

ESSEX LIONS

ESSEX SAVINGS BANK

ESSEX VISION CENTERS

PIZZA PUB

TRI-TOWN YOUTH SERVICES

ESSEX WINE & SPIRITS

CHILD & ADULT
ORTHODONTICS

BOB'S CENTERBROOK
PACKAGE STORE

BENNIE'S FARM MARKET

POLITO & QUINN, LLC

DEEP RIVER PIZZA

GORILLA GRAPHICS

ESSEX POLICE UNION

ESSEX PILATES & YOGA

DELTA CONSTRUCTION

MARINE SPECIAL PRODUCTS

BUN ON THE RUN



ESSEX LITTLE LEAGUE

www.essexlittleleague.com

Events

MAGAZINES



Essex Events

PUBLISHER

Essex Printing Company

18 Industrial Park Road, PO Box 386
Centerbrook, CT 06409
860-767-9087 Fax 860-767-0259
essexprinting.com

Publisher & Editor

David V. Winstead, Ph.D.
dwinstead@eventsmagazines.com

Director of Advertising

Diane Brown dbrown@eventsmagazines.com 860-383-6376
Advertising Sales in East Haddam, Essex, Old Lyme & Old Saybrook

Advertising Sales

Ward Feirer wfeirer@gmail.com 914-806-5500
Advertising Sales in Chester, Clinton, Haddam, Madison & Westbrook

Art Director/ Designer

Kathy Alsop kathy.events@comcast.net 860-391-4372

Magazine Layout

Amy Bransfield

Proofreader

Michele Dickey

Motor Sports Editor

Dana Hill

Video & Games Editors

Tom & Liz Pester

Music Editor

Wayne D'Amico

Cover photo by Anthony Reczek.
www.anthonyreczek.com

eventsmagazines.com

**83,000 READERS
9 TOWNS
EVERY QUARTER**

No reproduction of this newsletter allowed without the
express written consent of the publisher.
Not responsible for omissions or typographical errors.

• *Selectman's Corner continued from page 4* •

Suellen Kozey McCuin, Bridget Quinn Carey, Richard Conroy, Stephanie Degan Monroe, Margo Valentine, the Pennimans, Marty Bell, Marilyn Buel, Ralph Monaco, John McGirr, Paul Brucker, Anthony Chirico, Lorin Liesenfeldt, Dawn Schieferdecker, Alan MacGregor, Harvey Hoberman, Kathy LaBella, Goody Lelash, Paul Greenberg, Dana Hill, Barbara Sarrantonio, Sara Keaney, Paddy Hurley, the Comstock family, Robbi Storms, Deanna Pinette, Aggie Waterman, Chiefs Judi Reynolds Steven Olson and Paul Fazzino, Sr., David and Ann Bates, CSP Troopers Kerry Taylor, Mark Testoni, David Malek, Jeff Couto, Richard Mulhall, Scott Wisner, and Paul Lussier, Sergeants James Gilman and Sal Calvo, CSP, and officers of the Essex police. And the fifteen Eagle Scouts and their leaders of this new century.

I know that I have left out many others.

I'd like to also mention some noteworthy people who have passed away who meant so much to our town and our people: some of our Greatest Generation of warriors, including Ernie Cook, Bud Lyon, former First Selectman Dick Riggio, Walter Lynn, Justus Paul, Bunny Stannard and Jerome Cutone. Also Joe Bombaci, Paul Karam, Bob Potts, John Moran, Burt Churchill, Hank Towers, Shavaun Towers, Alice Powers, Ed Lepore, Eric Hines, Dr. Ray James, Doug Jones, Fred Hall, Sheldon Kutnick, Bruce Yenawine, Josephine Bombaci, Harriet Gualazzi, little Patrick Bowers, Sally Bowles, Jim MacGregor, Paula McManus, Martine Price, George Brown, Katherine Jacaruso, and many more who we think of often.

Thanks again and good luck!

— *First Selectman Philip Miller*

Congratulations on Your 50th Wedding Anniversary!

Joseph and Irene Heller

66 Woodland Drive, Centerbrook

Married September 9, 1961 in Old Saybrook, CT

Children: Michelle Heller, Lisette Korcak, Monique Heller.

Grandchildren: Zachary, Maxwell, and Emily Bennett. Megan, Mackenzie, and Ryan Korcak. Giovanna and Mattea Parnoff.



Town Clerk's Office

Marriages

Kenneth J. Bombaci II & Martha E. Rojas

Welcome to Centerbrook, Essex and Ivoryton

Mark Ellis & Barbara Boyd, 43 North Main Street, Essex
David Pfander, Cedar Grove Terrace, Essex
Deborah House, 14 Nutmeg Lane, Essex
Shawn & Alyssa Atkinson, 6 Fife Court, Ivoryton
Richard & Patricia Mather, 24 Stanford Hill Road, Essex
Gene & Ellen Schiavone, 7 Turnstone Road, Essex
Austin Jeffers & Eliza DeBarry Lyon, 6 Parker Lane, Essex
Peter M. Etzel, 85 River Road – J-2, Essex
Matthew & Kimberly Raymond, 1 West Hills Road, Ivoryton
Phillip & Cassandra Watson, 43 Maple Avenue, Essex
Irwin B. Frantz, Jr., 32 Saybrook Road, Essex
Barbara E. Burgess, 50 Grove Street, Essex
Kenneth & Darcy Chmielewski, 18 Fairview Street, Ivoryton
Lorraine Levitan, 36 Highland Terrace, Ivoryton
Michael A. D'Occhio, Main Street, Ivoryton
Cathleen & Mark Edwards, 5 Gates Road, Essex
William Robinson, 25 Grove Street, Essex
Kenneth & Mary F. Barre, 6 Captains Walk, Essex
Kennard & Brenda Gregory, 17 Laurel Road, Essex
Geoffrey Furtney, 32 Sunset Terrace, Essex
Loncharich Gaskell LLC, 5 West Hills Road, Ivoryton
Robert & Janet Johnson, 27 South Main Street #16, Essex
Albert & Gail Moncovich, 24 Prospect Street, Essex

Loss of our Residents and Friends

June	Marshall J. Schofield
Edwin P. Arthur	Suzanne C. Treadway
Sarah Bowles	
Maureen Dunleavy	September
Manuel M. Machado	Marjorie B. Chafee
Harriet Sangster	Wallace B. Edgerton
Russell K. Williams	James Lindsay Latham
	Martine Price
July	Mary Lee Robertson
Frits Zernike	Robert Sipes
	Lynette D. Tulloch
August	October
Carla M. Atherton	Anita D. Baldoni
Ann C. Boyd	Dorothy Cross
Margaret M. Calamari	Felix T. Trommer
Ruth C. Ford	

Deadline for the next issue of

ESSEX EVENTS

is December 27, 2011.

ESSEX TOWN HALL

767-4340 (Unless otherwise noted)

THE ESSEX TOWN HALL is open 9 a.m. to 4 p.m., Monday through Friday
THE PROBATE COURT is open 9 a.m. to 1 p.m., Monday through Friday
THE LANDFILL AND RECYCLING CENTER is open Mondays, Thursdays, Fridays & Saturdays, 7 a.m. to 3 p.m.

SELECTMEN'S OFFICE

Philip Miller, First Selectman	x114	pmiller@essexct.gov
Maria Lucarelli	x112	mlucarelli@essexct.gov

ANIMAL CONTROL OFFICER

Joe Heller	860-767-3219	jheller@essexct.gov
------------	--------------	---------------------

ASSESSOR

Jessica Sypher, Assessor	x124	jsypher@essexct.gov
Nancy Berryman	x123	nberryman@essexct.gov

BUILDING DEPARTMENT & FIRE MARSHAL

Keith Nolin, Building Official/Fire Marshal	x117	knolin@essexct.gov
Darcy Roper	x144	droper@essexct.gov

HEALTH DEPARTMENT

Cheryl Haase	x143	chaase@essexct.gov
--------------	------	--------------------

LANDFILL/RECYCLING CENTER

Mike Birner, Supervisor	860-767-1926
Bill Armstead	

PARK AND RECREATION COMMISSION

Richard Audet, Park & Rec. Director	x148	raudet@essexct.gov
Mary Ellen Barnes, Rec. Coordinator	x110	mbarnes@essexct.gov

PUBLIC WORKS

David Caroline, Director	767-0715	dcaroline@essexct.gov
William Angier, Boris Churyk,		
James Danks, Richard Gallacher		

REGISTRARS OF VOTERS

Lois Ely	x142
John Heiser	x142

RESIDENT STATE TROOPER

ESSEX POLICE	860-767-1054
Kerry Taylor, Resident State Trooper	ktaylor@essexct.gov
Marc Pisciotto, Corporal	mpisciotto@essexct.gov
Russell Gingras, Corporal	rgingras@essexct.gov
Salvatore Bevilacqua, Officer	sbevilacqua@essexct.gov

SOCIAL SERVICES

Dean Jacques	x201	djacques@essexct.gov
--------------	------	----------------------

TAX COLLECTOR

Megan Haskins, Tax Collector	x120	mhaskins@essexct.gov
Lynne Skinner	x121	lskinner@essexct.gov

TOWN CLERK

Frances Nolin, Town Clerk	x129	townclerk@essexct.gov
Dana Novorio	x128	townclerk@essexct.gov

TOWN HALL OPERATIONS

Mark Hiatt	x136	maintenance@essexct.gov
John Schumacher		

TREASURER

Robert Dixon, Treasurer	x127	rdixon@essexct.gov
Kelly Sterner	x122	ksterner@essexct.gov

ZONING ENFORCEMENT

Joe Budrow, Enforcement Agent	x115	jbudrow@essexct.gov
-------------------------------	------	---------------------

www.essexct.gov

The Women of the Ivoryton Library

From its original collection of only fifteen books back in 1871 to the purchase of the newest e-books in 2011, the 140-year history of the Ivoryton Library has been spearheaded, almost entirely, by strong and dedicated women.

Their prominent role in the creation of the Ivoryton Library in the mid and late nineteenth century sheds light on the many ways women contributed to their communities in a time when they were largely excluded from public life. The library was founded in 1872 by women who understood its importance to the development and growth of the community and those who lived here. For its first eighteen years, it was known as the Centerbrook Circulating Library; Ivoryton was not yet a distinct section of the town. The library's eighteen books fit on a single shelf of the Boarding House (today the Ivoryton Inn), a building that provided housing for many immigrants who had recently arrived to work in the factories. After only a year, the collection was expanded and moved to the house of Sarah L. Cheney, who served as librarian for the next seventeen years. In 1888, the Ivoryton Library Association (ILA) was created, its mission: To build a new structure to house the library's growing collection, which by now had amassed over 500 volumes. The original ILA consisted of five members, with Harriett Comstock serving a central role. Hattie, as she was called, donated the land for the building. Of the \$3205.25 raised for the building's construction, the biggest contributor was the Ladies Sewing Society, who not only gave the lion's share of the money, \$2000, but also devoted time and effort to making the vision a reality.

The result of their efforts is the beautiful Ivoryton Library we enjoy today, a quintessential and pristine example of Victorian architecture. The building still looks almost exactly as it did when completed in 1889, with the exception of a cupola missing from the roof, lost to damage from the Hurricane of 1938. Of its fireplaces, stained glass, tall roofs, and ornate décor, Architectural Historian Michael Crosbie states, "The library, through its design, might reflect the imaginary realm of a child lost in a book."

Hattie Comstock served as the ILA's first president and, upon her death, was succeeded by her sister Elizabeth in 1891. The earliest years of the library's existence were characterized by many of the inconveniences associated with life in the nineteenth century. Initially, heating was provided by the five fire places (all still present) and lighting by oil lamps. During these years, the library operated on a limited basis, open on Wednesday nights and only to those members who paid a yearly fee of \$1.00 (about twenty-five dollars today) to borrow books. In time, under the leadership of Elizabeth and later her daughter Bessie, the building was modernized and its services were expanded. In 1901, books of educational value were made available free of charge for all patrons, and in 1906, a "free room" was created. From the onset, the library was dedicated to the moral and educational growth of the factory's laborers and their families. A newspaper article (see library archives) written early in the twentieth century reveals



The Ivoryton Library celebrates 140 years.

the sentiments of some supporters of the library ("the large quantity of trashy fiction which seems to delight a certain class more than better reading does") and was limiting library membership. The library became fully free to the public in 1925, and by its fiftieth anniversary in 1939, its collection had grown to over approximately 4,500 books. The celebration for that anniversary was sponsored by members of the Ladies Sewing Society, a testimony to the enduring support provided by that organization for over fifty years.

It was not until the late 1970s that the library gained many of the features commonly associated with libraries today. During the previous decade, circulation was in significant decline, lower than it had been twenty years earlier. Under the stewardship of president Dee Grover, the board of trustees was revamped, which resulted in immediate noteworthy changes. The more than 7,000 books had never been catalogued according to the Dewey Decimal System; patrons relied on the librarians to simply know where each book was. The collection also needed to be rounded out. With the enlargement of the children's and reference sections, residents began to return to the library, increasing circulation by thirty percent.

From its original collection of only fifteen books back in 1871 to the purchase of the newest ebooks in 2011, the 140-year history of the Ivoryton Library has been spearheaded, almost entirely, by strong and dedicated women.

Their prominent role in the creation of the Ivoryton Library in the mid and late nineteenth century sheds light on the many ways women contributed to their communities in a time when they were largely excluded from public life. The library was founded in 1872 by women who understood its importance to the development and growth of the community and those who lived here. For its first eighteen years, it was known as the Centerbrook Circulating Library; Ivoryton was not yet a distinct section of the town. The library's eighteen books fit on a single shelf of the Boarding House (today the Ivoryton

continued on page 15

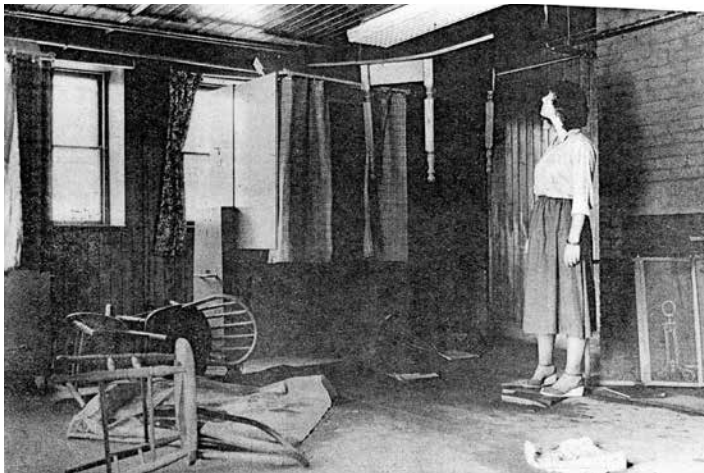
• *Ivoryton Library continued from page 14* •

Inn), a building that provided housing for many immigrants who had recently arrived to work in the factories. After only a year, the collection was expanded and moved to the house of Sarah L. Cheney, who served as librarian for the next seventeen years. In 1888, the Ivoryton Library Association (ILA) was created, its mission: To build a new structure to house the library's growing collection, which by now had amassed over 500 volumes. The original ILA consisted of five members, with Harriett Comstock serving a central role. Hattie, as she was called, donated the land for the building. Of the \$3205.25 raised for the building's construction, the biggest contributor was the Ladies Sewing Society, who not only gave the lion's share of the money, \$2000, but also devoted time and effort to making the vision a reality.



The Ladies Sewing Society.

Of course, the library building was approaching one hundred years old and in increasing need of restoration. During the great flood of 1982, over six feet of water filled the basement, nearly reaching the ground floor, leaving behind a thick layer of mud on the floor. Librarian Lorraine Brigockas (now Lorraine Donovan) was instrumental in bringing about



Librarian Lorraine Bragockas surveying damage to the Ivoryton Library after the flood of 1982.



There is an expanded children's reading section at the Ivoryton Library.

many physical updates to the building, upgrading the basement, restoring the antique lighting fixtures, and painting the exterior in appropriate Victorian colors. By the one-hundredth anniversary, the library was filled to capacity, and every time a new book was added, another had to be removed. "We don't want to alter the building by expanding or renovating. The books are the most important thing, but the building itself is a most intriguing structure," Brigockas explained. In 2011, the Ivoryton Library received the Essex Historical Society's preservation award. This would not have been possible without Brigockas's commitment to maintaining the historic integrity of the building in the 1980s.

When Brigockas left the library in 1994, Robbi Storms, the current executive director, was hired. Most notably, Storms has overseen the creation of the expanded children's reading section, which now occupies the entire basement. She also established the Don Malcarne Archives room. This important repository houses many of the late Town Historian Don Malcarne's papers, as well as hundreds of important artifacts and documents graciously donated by the Comstock family over the last few years. Ivoryton's unique history is increasingly being recognized in academic circles as well as the public at large. The archives room regularly assists researchers from all over the world. A highlight of Storms' career took place in 2004 when the new Essex Library on West Avenue was being expanded and renovated. "It meant a lot to us to help the Essex Library out during a difficult time for them. We were excited to be able to provide library resources to the public during a time when they otherwise would not be available." Storms, now in her seventeenth year, is beginning to envision a time when the limiting confines of the library building may be less inhibiting. "It is interesting that, with the advent of ebooks, on-line data bases, and journal and video streaming, we may be able to expand our offerings beyond what anyone ever thought possible. The seemingly endless amount of time I have needed to dedicate toward space allocation in our wonderful building may actually be coming to an end. I would never have thought that would be the case when I started."

continued on page 16

• *Ivoryton Library continued from page 15* •

Storms also has worked closely with ILA president Loretta McCluskey to expand fundraising and the library's presence in the larger community. The Run Local/Read Local 5K has brought people into town from all over the state and is an enhancement to the activities of the Pumpkin Festival weekend. In 2011, for the first time, the library hosted "The Big Quiz Thing," a team trivia night hosted by New York quizmaster Noah Tarnow. Another popular event is the Ivoryton Garden Tour, featuring the lovely gardens and private homes of Ivoryton and Centerbrook residents. McCluskey states, "Many people don't realize that 30% of the Ivoryton Library's budget is raised through fundraisers each year. We don't necessarily view this as a negative. Our

fundraising events provide us with the opportunity to engage the community in new ways and enhance the culture of the village. It is fun to see what we'll think of next."

During the past century and a half, the role of women in American society has changed time and time again. But Sarah Cheney and Hattie Comstock would surely be proud of the dedication and commitment of Robbi Storms, Loretta McCluskey, and all of their predecessors, who have overseen so successfully the evolution of their fifteen-volume Ivoryton Library.

— Christopher A. Pagliuco,
Essex Town Historian, Ivoryton Library Trustee



The Run Local/Read Local 5K helps raise funds for the Ivoryton Library.



In 2011 the library hosted "The Big Quiz Thing," a team trivia night hosted by New York quizmaster Noah Tarnow.

TRUST YOUR CAR TO THE REPAIR SHOP MORE PEOPLE TRUST...

We are a full service garage dedicated to quality work and service.

"The Only Call You Need For Quality Service & Repairs"

AUTO SERVICE
of
Old Saybrook, Inc.

Servicing Domestic & All European Cars Including Mercedes, BMW, Jaguar, Audi, Saab, Volvo & VW

860-388-6838



We employ ASE Certified Technicians



From oil changes & scheduled maintenance to engine repair or replacement, we can provide complete mechanical & electrical service to your vehicle.

4 JADE COURT • OLD SAYBROOK
HOURS: MON. - FRI. 8 a.m. - 5 p.m.



Hire a Returning Soldier

Recently, we have all been informed that our forces in Afghanistan and elsewhere are being redeployed back to the United States. We are grateful that they will no longer be in harms way. However, they will face another daunting challenge. Finding gainful employment in their hometown, with their former employer or in a field in which they have been trained while with the military.

They are returning to an economically challenged United States. Many businesses have closed, most have down-scaled and others have eliminated the positions one held by the returning men and women. What can we do as citizens and as business owners?

HIRE A SOLDIER!

Make room for them. Find a position. Create an opportunity. Do something rather than nothing.

These men and women are the best trained military in our history. They have respect for authority, they know how to follow orders, they accept responsibility for their actions and they are ready to work.

Ask around your neighborhood to find a returning soldier. Call them and offer them a position. Don't wait for them to call you. Be proactive.

HIRE A RETURNING SOLDIER!

— David V. Winstead, Ph.D., Publisher

So Here's The Story...

(of why we started our new business Choice Modular Homes.)

For the past several years we have been searching for a great modular home manufacturer to represent and when we found the right one, we started our company Choice Modular Homes. In July we completed our first "build" and now our new company is fully underway.



Check out a few photos from our first build in Old Saybrook. www.ChoiceModularHomes.com

So how does Choice Modular Homes fit in with TeamJermaine Real Estate Services you ask? It's simple. As Realtors we have always worked to help you find an existing home that is just right for you.

Now as modular home builders, if we can't find it – we can help you build it. Seems like a good idea to us. We love to help all our clients whether buying, building or selling!

Contact us for details!



Brian Jermaine, ABR, ASR, CRS, ePRO, GRI, SRES, SRS
Broker/Owner
Brian@TeamJermaine.com

Leslie Jermaine, ePRO
Realtor
Leslie@TeamJermaine.com



860-662-0230

Follow us on Facebook at: www.facebook.com/TeamJermaineRealEstate

www.TeamJermaine.com

Set your sails for financial freedom.

Sullivan Financial Group LLC is an independent, full service financial firm.

Our services include financial planning, estate planning, wealth management, brokerage services, alternative investment strategies, long term care insurance and life insurance.

For a consultation or a second opinion on a current plan, please contact us at Sullivan Financial Group LLC. As an independent financial firm we provide you the benefit of local, hands-on personal service. Please call if you have any questions.

Matt Sullivan
10 Springbrook Road
Old Saybrook, CT 06475

phone 860.388.9628 fax 860.388.9636
email matt@sullivanfinancialgrp.com
website www.sullivanfinancialgrp.com

SULLIVAN



**FINANCIAL
GROUP LLC**

Securities and Advisory Services
Offered Through Commonwealth
Financial Network,
Member FINRA/SIPC.
A Registered Investment Adviser



Essex Community Fund Expands Mission with Help of Generous Donation

The Essex Community Fund has been part of the charitable giving landscape of Essex for over six decades. Year after year its volunteer board members have raised money and then awarded it to organizations that provide services to the residents of the three villages of Essex. Many of these organizations serve our most needy residents and often help them meet their most basic needs – food, shelter, clothing, and physical and mental health care.

This spring as the board was planning their goals for 2011 they received a letter from Campbell Hudson, a local attorney. In the letter, Hudson informed the board that a local couple, Marian and Albert Dock, had left a substantial part of their estate to a number of organizations, including the Essex Community Fund. “The Fund is delighted and honored to think that the Docks thought enough of us to entrust this money with us,” stated Darwyn Azzinaro, President of the Essex Community Fund.

The gift, the equivalent of approximately two years of the fund’s current giving level, could have simply been distributed to the organizations they contribute to, but the board thought further about how this gift could be best put to use. In fact,



Seated Left to Right: Jean Schneider, Darwyn Azzinaro, and Stacia Libby
Standing Left to Right: Mark Bombaci, Christine Rodriguez, Richard Stebbins and Jacqueline Doane.

according to Hudson, the Dock’s overall gifting philosophy was to help organizations continue their work into the future.

continued on page 19

HunterDouglas
Celebrate the Season

Style for your windows, savings for you. With their beautiful colors, fabrics and designs, Hunter Douglas window fashions are always a smart choice for creating inviting, attractive spaces. And now through December 31, mail-in rebates let you enjoy select styles at a savings of \$25 to \$300 per unit.* Purchase and install their energy-efficient Duette® Archella® Honeycomb Shades before the end of this year, and you may qualify for a federal tax credit of up to \$500.** Ask us for details.

*Discounts apply to all Hunter® Window Shades, Lumina® Privacy Screens, Sun® Archella® Honeycomb Shades, Sun® Closing Window Treatments.

Andy Sez:
Thanks for bringing us into your home for over 50 years!

The PAINT Shop
59 Main St.
Old Saybrook, CT

Free in-home consultation
860-388-2345
www.thepaintshop.com

Where the Spirit of the Season Lasts all Year Long

Featuring:

- Abigail's Collection for Tannenbaum Treasures
- Byers' Choice
- Old World Christmas
- Festive Crackers
- Advent Calendars
- Nautical Christmas
- Lynn Haney Santas
- Traditional Bayberry Candles
- Handmade Ornaments from Around the World

**Largest selection of ornaments
this side of the North Pole**

4 Griswold Square, Essex, CT 06426 (860)767-1181
www.christmasbarnessex.com

Silkworm of Essex

Silkworm of Essex Village has been in existence since 1981. As the new owner, I am absolutely thrilled about assuming ownership of such a beautiful store with such a strong reputation. The community has been so welcoming and supportive. My name is Raeann Groves and I graduated from Philadelphia University with a Bachelor's Degree in Fashion Industry Management. As a young store owner, my main focus is on providing the highest quality and fashionable apparel to the ladies of the Connecticut Valley as well as those who are just visiting the area. I strive to meet and exceed the needs of my clientele while satisfying their wants. My store carries many sought after brands including Gerard Darel, Sita Murt, Theory and Diane Von Furstenbrg. I firmly stand by these brands for their quality and style and have received glowing feedback from my current customers on how beautiful the clothing in the store is. I am so excited for the upcoming Holiday season and hope to see you all soon!



• *Essex Community Fund continued from page 18* •

Thus the board knew immediately that this was an opportunity to expand its vision and mission.

After much discussion, the board of directors decided to utilize the majority of the gift to set up an endowment (to be managed by Essex Financial Services) to help develop the fund's long-term sustainability. This endowment's purposes include: 1) to supplement the monies awarded when annual donations may be less than projected; 2) to support unexpected needs that arise, like their donation to the Essex Housing Authority during Hurricane Irene; 3) to generate interest income that can

help raise giving levels; and 4) to be the place where similar future donations could be directed. When told of the board's plan for the money, Ken Conforto, Trustee of the Dock Estate, stated, "I am sure the Docks would be very pleased to see the Fund using their gift for long-term planning. Their desire had always been to help worthy organizations continue to do the good work they do."

To learn more about the Fund, please visit their website at EssexCommunityFund.com or call Mark Bombaci at 860-767-1633.

Gracie's Corner

Two Shops in One!
Gifts for You & Essentials for your dog & cat

For You:

- Wee Forest Folk
- Garlic Salt from the Essex Garden Club
- Belts from Leather Man Ltd.
- Natural products & honey from Three Sisters Farms
- Souvenirs & postcards of Essex & Connecticut

For Your Dog & Kitty friends:

- Collars, harnesses & leashes
- Grain Free Natural & Organic Treats
- Yeowww Catnip Bananas
- Life jackets, rain coats & sweaters
- Toys-Toys-Toys

**43 Main Street
Essex, CT 06426
860.767.2350**

**Open 7 days a week,
next to Toys Ahoy!**



toys ahoy! the village toy store



- Playmobil
 - Lego
 - Corolle Dolls
 - Breyer Horses
 - Melissa & Doug
 - Games
 - Britains Figures
 - Thomas the Train
- Plus much more!*

Open 7 Days a Week

43 main street, essex
860.767.2067

www.toysahoyessex.com
ahoy@toysahoyessex.com

CT Clean Energy Options Program – Fall 2011 Update

As of July 2011, Essex had 245 Clean Energy points. Currently 6.9 percent of the residents are involved in the program. Essex ranks twelfth in the state with regard to the household penetration rate. With another 55 points, the CT Clean Energy Fund will give Essex a 2 kWh solar array for installation on a public building.

Essex Citizens for Clean Energy (ECCE) want to thank the town officials and employees and all of the residents, businesses, and organizations that have chosen to participate in this program. You have made a choice for a cleaner environment and a reduction in carbon dioxide emissions. We will all benefit by reducing the impacts of climate change.

To those people who have not yet enrolled, please consider joining the program.

- Each household can reduce carbon dioxide emissions by about 7,400 pounds annually.
- You can help increase our national security by reducing our dependence on foreign fossil fuels and increasing the diversity of our energy resources.

- You can be patriotic and strengthen our economy by investing in it.
- You can reduce pollution from coal-, natural gas-, and oil-fired power plants.
- You can help to insure a clean, sustainable, and cost-efficient energy future.
- Enroll online at www.essexct.gov

Do You Want to Lower Your Electric Energy Costs?

Go to www.ctenergyinfo.com to select a less expensive supplier of your electricity.

Also, check out Home Energy Solutions at www.cl-p.com or call 1-877-WISE-USE for more information.

Smart Growth Workshop

In June, the US EPA sponsored a workshop that featured a discussion of essential smart growth fixes appropriate for the Town of Essex. The workshop focus was on key areas such as designation of town growth areas and the promotion of quality development, the protection of sensitive natural areas, the provision of housing choices, and energy conservation. ECCE is planning to conduct a Sustainability Assessment of the town. If you are interested in assisting with this project, please contact Frank Hall at fhall02@yahoo.com.

For town updates & information:

www.essexct.com

GIVE A GIFT OF HOME IMPROVEMENT THIS YEAR!

KITCHENS/BATHS/BASEMENTS/ADDITIONS
PORCHES/DECKS/SIDING/WINDOWS

SMALLER JOBS ALWAYS WELCOMED



MARK REEVES, BUILDER
A FULL SERVICE DESIGN/BUILD COMPANY

860-388-3825

Google

WWW.MARKREEVESBUILDER.COM

CT LIC. # 538583



"LIKE US" AND GET \$50 OFF ON YOUR NEXT JOB



WARM THE CHILDREN

Providing New Winter Clothing For Needy Children

The need is great this year. In the Valley Shore, needy children will go cold this winter without your help. The Warm the Children Fund is neighbor helping neighbor. *Events Magazines* and the Old Saybrook Rotary Foundation are asking readers to donate to the fund, and all proceeds will be used to buy new winter clothing for needy area children. This is the 19th Warm the Children campaign. Children who benefit from the program live in Essex, Chester, Deep River, Lyme, Old Lyme, Old Saybrook and Westbrook. Social service agencies in each town will work with coordinators Walt Osborne and Jason Smith, assisted by John Donnelly, Ken Roche, Bret Taylor, Bill O'Shaughnessy and Stephen Brinkmann. The coordinators will make arrangements with Wal-Mart in Old Saybrook and assign Volunteer Shoppers to take the families shopping for their winter clothing. Shoppers are local residents who want to help out by donating their time for this worthwhile cause.

As donations are received, volunteer shoppers are asked to call a family to set up a shopping trip to Wal-Mart. Shoppers then meet the family at the store and assist in picking out approximately \$90 worth of clothing per child. All \$90 is spent on clothing whether it be coats, hats, gloves, mittens, boots or winter clothing. There are no administrative costs of any kind.

Simply complete the coupon and send it to the address on the coupon. All donations are tax deductible.



Enclosed is my donation to the
WARM THE CHILDREN FUND



ROTARY CLUB
OF OLD SAYBROOK

Events
magazines

Please check one: I do want my name published on the donor list
 I do not want my name published on the donor list

Name _____

Address _____

Please make check payable to **Warm the Children** and mail to:
Old Saybrook Rotary Foundation, WARM THE CHILDREN FUND, c/o Liberty Bank
90 Main Street, Old Saybrook, CT 06475

Winter, Wonderful at the Essex Library

Dreading winter's doldrums? Don't! The Essex Library's books, movies, services, and programs will keep you entertained, educated, and informed. Let it snow!

If the holidays bring you a new EReading device, including the Kindle or a Nook, did you know that you can download free books from our website (www.essexlib.org) using the OverDrive icon you'll find there? Click on it and see the full selection of materials available to you. All you need is your library card to access best sellers, classics, fiction, and nonfiction. The directions are easy to follow, and we're happy to help you if you need it. We'll also have EReaders for you to check out.

Budding genealogists, researchers, history buffs, and students: Starting in January, your Essex Library card will get you access to one of the Web's most comprehensive genealogical databases, the Ancestry Library Edition. This collection contains thousands of databases, with content from the 13th century to the 21st, and billions of indexed names. It includes key collections, such as the U.S. Federal Census images and indexes from 1790 to 1930; Social Security Death Index (updated monthly); the *American Genealogical Biographical Index*; *Daughters of the American Revolution Lineage*; *Federal Slave Narratives*; *The Great Migration Begins*; *Immigrants to New England, 1620-1630*; and much, much more.

This year's lineup for our annual Veteran's Day "Witnesses To History" program at Essex Town Hall includes Ben Cooper,


a WWII Combat Medic who was one of the liberators of Dachau Concentration Camp. Speaking along with him will be his friend Ms. Henny Simon, a Holocaust survivor who lived through Nazi ghettos and concentration camp internment; "living history" that you won't want to miss.

Tuesday, Dec. 6 at 6:30, join us for a fun and educational tasting/cooking class on "Italian Cheese." Our guide is Andrea Isaacs, of Cloud Nine Catering and the Lace Factory, and along with our sampling tour of regional cheeses, she'll teach us to make fresh ricotta.

Our fourth season of the beloved Centerbrook Architects Lecture Series will feature, among others, Tom Howorth, a partner of Sam Mockbee and nationally recognized for his vernacular work. Carol Bentel of Bentel & Bentel will talk about her restaurant designs, which include The Modern (at the Museum of Modern Art in NYC). Professor Chuck Benson will talk about the history and development of our National Parks' hotels. Louis Raymond, landscape designer and self-described "plant geek," will return to discuss blending architecture into the landscape. And Joe Moore, of Joe Moore & Partners Architects and Yale University, will also speak.


Civil War buff John Proctor will do a five-lecture series that covers pivotal events in the War Between the States, Thursday evenings at 6:30, from Jan. 19 through Feb. 9. Topics to be covered include "Lincoln's Election, and the Problems of

continued on page 23



ESSEX HOUSE OF FRAMING

21 Westbrook
Road
Centerbrook
Ct



860-767-1289

Open
Tue - Sat


**PROFESSIONAL CUSTOM
PICTURE FRAMING**

SERVING THE AREA SINCE 1978

Joel B. Marzi, Prop.

www.onlineframing.com

Individual and Couple Therapy Certified EMDR Therapist



Dr. Elizabeth Owen,
a clinical psychologist who
has over 20 years experience
as a psychotherapist, is
accepting new patients.

Specializing in Treating:

- Depression
- Grief Reactions
- Women's Issues
- Survivor's of Sexual Abuse
- Post Traumatic Stress Disorder

Elizabeth Owen, Psy. D.
147 Westbrook Road
Essex, CT 06426
860.767.6500

• *Essex Library continued from page 22* •

Fort Sumter and Fort Pickens"; "Jefferson Davis/ The Roles of Women and Slave"; "The Battle of Antietam"; "The Battle of Gettysburg"; and "The Assassination of Lincoln, and the Pursuit of John Wilkes Booth."

Jerome Wilson was the political editor of New York City's CBS 6 o'clock news from 1967 through 1975—but the year that sticks in his mind is 1968, the year when, as he says, "America was nearly torn apart." He'll give an illustrated talk on his experiences in those trying times, on Thursday, March 1 at 7 p.m.

Genius architectural model-maker/ fabricator Patrick McCauley will do two illustrated talks for us, the first one on the amazing flying car he created for Valley Regional's production of *Chitty Chitty Bang Bang*, on Thursday, March 15 at 6:30, and the second about his painstakingly handcrafted six-foot-long replica of the yacht *Aphrodite*, a gift from the Centerbrook Architects firm to the Ocean House, on April 19.

Still in the planning stage: an 8-week Beginning Italian class, Tuesday nights starting mid-January. We're also planning a special visit by singer-songwriter Suzzy Roche of the famous Roches, who will visit us in February to talk about her new novel, and to sing some songs.

Ahead for spring—the return of our very popular True Crime series. This year, we'll host FBI Agent Art Meister with another fascinating insider's view of an FBI case history; a psychologist will reveal "The Making of a Serial Killer"; Chris Morano, former Connecticut Chief State's Attorney, will talk about the Martha Moxley murder case; and more are still being scheduled.

FOR CHILDREN & FAMILIES: The Essex Library Association Children's Department has regular registered Preschool Story Hours on Mondays from 1-2 p.m. and Thursdays from 10-11 a.m. Also available is a weekly drop-in story hour for ones and twos on Fridays at 10:30 am. Our Fall/Winter story hours end the third week of December and will begin again at the beginning of March.



Junior Friend McLaine Rutan reads to younger kids as part of the Essex Library's Reading Buddies program.

Join us for Breakfast with Santa on December 3 at 10 a.m. at the Essex Town Hall Auditorium. Older participants will work

continued on page 25

ESSEX HARDWARE

**Builders Hardware • Plumbing Supplies
Garden Supplies & Tools
Electrical Supplies**

**NEW
PROPANE
EXCHANGE**


Benjamin Moore
Paints



- Stanley Hand Tools •
- Milwaukee Power Tools •
- Saws and Tool Sharpening •
- Keys Made • Paints • Glass •

STORE HOURS

Monday – Friday 7 a.m. - 5:30 p.m.
Saturday 7 a.m. - 5 p.m. • Sunday 9 a.m. - Noon

767-0077

3 MAIN STREET/CENTERBROOK

GO FOR THE GOLD

With our Winning Team!

**Full Buyer/Seller Services:
Leasing, Commercial, Land and
Residential Sales in the Lower
Connecticut River Valley.**


Heritage Company

**16 Main Street, Chester
860-526-1200
www.C21Heritage.com**

Middlesex United Way Announces Funding for Shoreline Soup Kitchen and Other Local Programs

Middlesex United Way Board of Directors recently approved fund distributions in the amount of \$964,304 for fiscal year 2011-12. This amount is \$45,000 more than was allocated in 2010-11.

This funding includes support to 49 programs in Middlesex County, the installation of multiple Born Learning Trails on Day of Caring on September 7, two future requests for proposal in Education and Housing, and \$30,000 for new opportunities this fall that will help United Way reach its Five Year Goals for the Common Good.

The breakdown of fund distributions by focus area is: \$148,156 for education; \$141,350 for income; \$498,080 for health; and \$130,433 for housing.

Programs in Deep River & Essex supported by Middlesex United Way are:


- Tri-Town Youth Services Bureau – School Readiness Initiative
- Tri-Town Youth Services Bureau – Healthy Communities Healthy Youth
- The Shoreline Soup Kitchens & Pantries
- Child & Family Agency of Southeastern Connecticut

One of United Way's partners in the School Readiness & Healthy Communities – Healthy Youth initiatives is Tri-Town Youth Services Bureau. Gail Onofrio of Tri-Town Youth Services Bureau, says "Middlesex United Way funding has been instrumental in helping our youngest learners on many fronts. The funding has enabled us to provide preschool teachers with current professional development, access to best practices in the field, and increased understanding of state educational benchmarks. The social-emotional curriculum utilized in our classrooms has inspired activities throughout the year that builds communication and relationships."

In addition to these distributions and included in the overall amount, United Way 2-1-1 was allocated \$16,285. 2-1-1 is a 24-hour information and referral helpline that is available free of charge to anyone in Connecticut. 2-1-1 is a partnership between Connecticut United Ways and the State of Connecticut.

Leading the program review and fund distribution each year are Community Impact volunteers who bring experience and expertise in health and human services. Four volunteer teams, based on the four focus areas meet regularly throughout the

continued on page 25



PAINTING PLUS LLC
Quality Craftsmanship

John J. Gallagher
Owner

HAPPY HOLIDAYS!

*Interior painting,
textured ceiling repairs,
plaster wall repairs.*


*Exterior painting and staining.
Decking refinishing for Ipe,
pelope, teak, cedar and treated fir.
Pressure washing of homes, decks
and roofing. Exterior varnish bright
work, marine quality workmanship
for exotic woods*

ServiceMajic.com certified.
Insured and Ct. HIC Reg. # 625812. References

15 Sunset Terrace, P.O. Box 522, Essex, CT 06426

860-767-0810

paintingplus05@sbcglobal.net



PIZZERIA

DaVinci



181 Main Street, Deep River, Connecticut

526-0884

~ HOURS ~

Mon - Thurs: 11:30 a.m. to 9 p.m.
Fri-Sat: 11:30 a.m. to 10 p.m.
Sunday: 3 p.m. to 9 p.m.

Ask About Our Daily Specials

\$2⁰⁰ OFF any large pizza

Pizzeria DaVinci

Only one coupon per order

• *Middlesex United Way continued from page 24* •

year, evaluate program performance and financial health, and analyze program results. United Way's Community Impact Council then makes funding recommendations to the full board of directors for final approval.

Kevin Wilhelm, Middlesex United Way Executive Director, notes "This hard work is done by dedicated individuals who volunteer their time to make important decisions. They have a passion for giving back and strengthening our community."

If you are interested in becoming a Community Impact volunteer, please contact Middlesex United Way at (860) 346-8695 or visit www.middlesexunitedway.org and click on 'Volunteer.'

Middlesex United Way advances the common good by creating opportunities for a better life for all. Our focus is on education, income, health and housing – the building blocks for a good quality of life. United Way recruits people and organizations who bring the passion, expertise and resources needed to get things done. You are invited to be part of the change by giving, advocating and volunteering.

Middlesex United Way serves the towns of Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Haddam, Killingworth, Middlefield, Middletown, Old Saybrook, Portland, and Westbrook.

• *Essex Library continued from page 23* •

on writing letters to Santa and Library Jr. Friends will attend as workshop elves. Please register for this program by calling the library at 860-767-1560.

In January, we'll have family films scheduled for Wednesdays. Please call the library for a list of titles, times, and ratings.

Please watch our website for more American Girl and Mad Scientist Society events. You can get information or register for these programs by calling the Essex Library at 860-767-1560. You can also register for them online at our website, or on our Face Book page. (Please friend us!) Schedules are subject to change, so please do call ahead.

Holiday Show

Home for the Holidays

Ivoryton Playhouse, December 8 - 18th.

Show times: Thursday, Friday and Saturday at 7:30 p.m. Matinees at 2:00 p.m. on Sat. & Sunday.

Take an unexpected blizzard, add a sprinkling of the Nutcracker, a pinch of Dickens' Christmas Carol, stir in a little romance and festive song, top it all off with holiday magic and you get a new family tradition called *Home for the Holidays* premiering at the Ivoryton Playhouse.

Welch/Standish Insurance

Established in 1986, **WELCH/STANDISH INSURANCE** provides sound planning advice and cost-effective solutions in the areas of auto, homeowners, life, health, long-term care and business insurance.

Principal, Bentley T. Welch states: "We are proud to be members of the communities we serve both locally and around Connecticut. We enable our clients to reach their goals in the areas of commercial and personal insurance as well as estate planning."

WELCH/STANDISH INSURANCE focuses on building long-term client relationships by providing a wide range of commercial and personal insurance products specifically for individual homeowners, small business owners, professionals and families.

Seasons  Greetings!

**We wish you a Happy and Safe
Holiday Season!**

26 Pratt Street	53 Hope Street
Essex, CT 06426	Niantic, CT 06357
860-767-3100	860-739-0066

welchstandishinsurance.com

TRENDEWSKI & ALLEN, P.C. TRIAL ATTORNEYS

*The legal process can be daunting.
Our attorneys are committed to
guiding you every step of the way.*

**Criminal Defense • Debt Collection
Drunk Driving • Foreclosures •
Litigation
Motorcycle Accidents
Personal Injury • Premises Liability
Real Estate Transactions
Real Estate Litigation
Separation & Divorce
Slip & Fall • Truck Accidents
Wills, Probate & Children**



*We take pride in providing personalized
representation tailored to meet the individual
needs of each and every client.*

www.TrendowskiLaw.com

860.767.9044

**90 Main Street • Suite 201
Centerbrook, CT 06409**

Essex Park & Recreation Department

Mission Statement: *Creating the Essex Community through People, Parks, and Programs!*

Essex Park and Recreation had a successful 2011, and we are very excited for the opportunities that await us in 2012. We have a number of new programs and special events planned for the community and we hope to continue our mission of providing recreational facilities and programs for the growth and enhancement of Essex.

Thank You to our 2011 Special Events Sponsors

2011 Summer Concert Series Sponsors

Presenting Sponsors: Ivoryton Playhouse, Tower Laboratories, Inc. *Concert Sponsor:* Essex Savings Bank, Friends of the Concert Series, The Spa of Essex, Richard Riggio & Sons, Inc.

2011 Essex go Bragh Sponsors

Emerald Sponsors: Ivoryton Playhouse, Tower Labs. *Shamrock Sponsors:* Bogaert Construction, Clark Group, Community Music School, Essex Savings Bank, J. Alden Clothiers, Toys Ahoy!

2011 Essex Great Outdoors Pursuit

The Rockfall Foundation

Upcoming Events

Breakfast with Santa. Essex Park and Recreation and the Essex Library are co-hosting a holiday-themed special event. We will offer light refreshments, activities for the children, and

a visit by a very special guest ... Limit of 50 may attend, pre-registrations is required. Visit Park and Recreation or Essex Library website for more information. Held Saturday, December 3, 10 a.m.-12noon, at the Essex Town Hall Auditorium.

Essex go Bragh Irish Parade & Festival. Park and Recreation is planning the second annual Essex Go Bragh (translated as Essex Forever) Irish Parade & Festival, to be held March 17, 2012 (rain Date March 18). The event will feature an Irish-themed parade down Main Street into the heart of Essex Village followed by the Festival. The Festival will include an Irish Stew Cook-Off by our local restaurants and community groups, a live music performance, activities for kids, and more! All Essex residents and community organizations are encouraged to get involved. You are welcome to walk in the parade and if you are not Irish, then be Irish for a day! Full event information will be posted on our website. Event sponsorships are available; please contact the office for more information.

Essex Great Outdoors Pursuit. The Essex Great Outdoors Pursuit is a cooperative effort between the Land Trust and Park and Recreation Department. Our mission is to bring the families of Essex together through positive and healthy outdoor endeavors while increasing the presence and awareness of our local parks, open spaces, and preserves. For more information, please visit the Park and Recreation website.

continued on page 27



CYR DRYWALL, INC.

*Specializing in Installing
& Finishing Sheetrock
New Construction and Commercial
Texture-Popcorn Ceiling Removal*

WATER DAMAGE REPAIR


FREE ESTIMATES

www.cyrdrywall.com
860-669-5488

Michael Cyr
P.O. Box 1030, Westbrook, CT 06498
fax: 860-669-6488 cyrdrywall@yahoo.com

service magic.com
home improvement. hassle-free

FULLY INSURED
HIC.0571279



ARCHAMBAULT INSURANCE, INC.

Personal & Business Insurance

Happy Holidays!

2 North Main Street
P.O. Box C
Chester, CT 06412-0362

(860) 526-9587
Fax: (860) 526-2412

C CENTRAL INSURANCE COMPANIES
- Since 1876 -
www.central-insurance.com www.archambaultinsurance.com

• Parks & Recreation continued from page 26 •

Here is a brief listing of each program; all program information is tentative and subject to change, for complete information visit the Park and Recreation or Land Trust website:

Winter Walk at Falls River Preserve and Jean's Island, February 4; Arbor Day Event, April 28; Spring Migratory Birds Seminar, May 5; Fishing Clinic, May 18, 19; Great Meadows Walk & Turtle Presentation, June 27; Mountain Bike Trail Ride, August 25; Ivoryton Library 5K Race and Pumpkin Run, October 20; Turkey Tromp and Plunge, November 17.

Essex Basketball Center. The Essex Basketball Center (EBC), to be located in the rear of the former Park & Ride Lot adjacent to the Essex Fire Station, is a new planned facility the Park and Recreation Commission has been working on for several years. The plan includes the basketball court as well as a complete makeover of the parking lot and gateway intersection of Rt 154 & West Ave. We are very excited about the project and are particularly excited about the development of a facility the young people in Essex can use to recreate in a safe and constructive environment. We need the community's help on this Community Project. If you have any questions about the project or wish to assist in helping complete it, please contact the Essex Park & Recreation Department.

Upcoming Programs... Tiny Tumblers, Music Together, Kindergarten Basketball, Junior Warriors Boys Lacrosse Clinic, Shoreline Girls Lacrosse Clinic, EES After-Hours (includes art, music, science, karate, and dance), Red Cross Babysitting, Adult Yoga Program, Adult Zumba Program, Adult Drop-In Basketball, and more.

The complete Winter-Spring 2012 Brochure will be available online. Check it out as we are always updating our program listings. www.essexct.gov click "Departments" click "Park and Recreation."

Contact Us! As always, we welcome hearing from you on our programs, parks, and the operations of our department. Remember to visit our website for updated announcements and program information, go to the Town website www.essexct.gov, click "Departments" click "Park and Recreation." We offer online registrations and many people are taking advantage of this convenience. Join us on Facebook as a way to hear about our department and interact with our friends. Please call Program Coordinator MaryEllen Barnes at 860-767-4340 x110 or Park and Recreation Director Rick Audet at 860-767-4340 x148 anytime.

Kathy Shannehan 203.247.0020
 Chip Frost 860.388.7848
 Linda Freedman 860.395.7303
 Ct River Properties Team
www.CtRiverProperties.com



To our clients and friends,

Wishing peace and joy to you and your families during this holiday season

Kathy, Chip and Linda



35 Main Street, Essex, CT 06426
 (860) 767-5390

PageTaft

Pilates for Life

The Tradition and Method of Joseph Pilates

Joseph H. Pilates, originator of **Pilates Method**...
 trained **Romana Kryzanowska**, Master Teacher NYC...
 Romana trained **Marlene Powers**, let Marlene train you in the true tradition...

*Fitness and Flexibility
 Alignment and Posture
 Deep Core Strengthening
 Physical Therapy Compliment*

Mat Classes
 Private Equipment Instruction
 Beginner to Advanced

Certified Instructor
 Over 900 Training Hours
Call 860.227.5790

Marlene Powers
info@inspiredbypilates.com

Thank You to All My Loyal Clients for Voting PFL **Best Pilates Studio!**



2010 Readers Choice **Best Pilates Studio**
erica@the-e-list.com

26A Saybrook Road
 Essex, Connecticut
 860.227.5790



BREWER YACHT SALES, INC.

333 Boston Post Road, P.O. Box 1062
 Westbrook, CT 06498

Tel. 860-399-6213 Cell: 860-395-8181 Fax: 860-399-4379

BRIAN DOOLEY

Yacht Broker

Email: bdooley@byy.com

Website: www.breweryacht.com



Essex Winter Series 2012 Concert Season

The Essex Winter Series mission is to bring the finest music, in live performance, to the Connecticut River Valley and Shoreline Region during the winter months and to cultivate its appreciation to the widest audience. For our 2012 season, five outstanding concerts are scheduled.

January 8 - Frederica von Stade, mezzo-soprano, with pianist Laurana Mitchelmore. Recognized as one of today's most beloved musical figures, Frederica von Stade has enriched the world of classical music for three decades with appearances in opera, concert and recital, and on PBS specials and *Live from Lincoln Center* telecasts. Her achievements include over 60 recordings, six Grammy nominations, two Grand Prix du Disc awards, the Deutsche Schallplattenpreis, Italy's Premio della Critica Discografica, "Best of Year" citations by *Stereo Review* and *Opera News*, appointment to France's L'Ordre des Arts et des Lettres, and an award from the White House and President Reagan for her significant contribution to the arts. World-class pianist and long-time collaborator Laurana Mitchelmore will accompany Miss von Stade, who has described this not-to-miss concert as a "musical autobiography."

January 29 - Jon Kimura Parker, pianist. Internationally acclaimed virtuoso pianist John Kimura Parker's career has taken him from Carnegie Hall and the Sydney Opera House to the Canadian Arctic and war-torn Sarajevo. He is an Officer of the Order of Canada, his country's highest civilian honor,

and a Gold Medal Laureate of the Leeds International Piano Competition. He has collaborated with such artists as Joshua Bell, Bobby McFerrin and Pinchas Zukerman. Command performances have been given for Queen Elizabeth II, the US Supreme Court and the prime ministers of Canada and Japan. Mr. Parker will perform an extraordinary program, titled *Postcards from Russia*, featuring Mussorgsky's *Pictures at an Exhibition* and Stravinsky's *Petrouchka*.

February 19 - Boston Chamber Music Society. Hailed by *Boston Globe* as "...vivid, compelling and first rate," the Boston Chamber Music Society, BCMS, is New England's pre-eminent chamber music society, providing audiences with exceptional, impassioned performances of music from the Baroque era to the present day. BCMS is an ensemble of superb musicians who come together in different combinations to perform chamber music, expanding the artistic possibilities and allowing individual expression without one personality dominating. The effect is one of the miracles of music — sheer aesthetic beauty. For this concert, our "miracle" showcases violinist Harumi Rhodes, violist Marcus Thompson, cellist Ronald Thomas and pianist Mihae Lee — our artistic director — performing a Mozart duo, a Shostakovich trio and a Brahms quartet.

March 4 - Vince Giordano & the Nighthawks. Vince Giordano has delighted jazz enthusiasts from our stage many times. This time, his world-renowned band, the Nighthawks, joins him, heating up the stage with early jazz tunes, often performed as originally arranged. You have heard — and sometimes seen — these talented musicians on Minnesota Public Radio's *A Prairie Home Companion*, in the scores of numerous Woody Allen films, in films such as *The Cotton Club*, *Finding Forrester*, *The Aviator*, *The Good Shepherd*, *Revolutionary Road* and *Public Enemies*, and in HBO's *Boardwalk Empire*, *Grey Gardens* and *Mildred Pierce*. Come and tap your feet to what many have enjoyed at jazz festivals around the world and at New York's Carnegie Hall, Lincoln Center, the Waldorf Astoria and the Rainbow Room.

April 1 - Windfest. Closing the 34th season of Essex Winter Series is a special event titled Windfest, the second annual Fenton Brown Emerging Artists Concert that brings young talent together with distinguished, world-renowned artists. This year's concert features celebrated clarinetist David Shifrin and French horn soloist William Purvis performing with three emerging artists, flutist Kelli Kathman, oboist Carl Oswald and bassoonist Adrian Morejon of the prize-winning Sospiro Winds. The program includes exciting works by Vivaldi, Mozart, Françaix and Nielsen. This unique gathering of talents onstage will be a wonderful finale for a stellar season.

All concerts are held on Sundays at 3:00 p.m. at Valley Regional High School located at 256 Kelsey Hill Road, Deep River, CT. Individual ticket prices for each concert are \$30 for Adults; \$25 for Senior Citizens; \$12 for Children/Students. Subscriptions for all concerts are also available at a cost of \$110 for Adults and \$90 for Senior Citizens.

For more information, please visit essexwinterseries.com or call 860-391-5578.



Mihae Lee, Artistic Director

Save These Sunday Dates!

SUBSCRIBE NOW!

January 8, 2012:	Frederica von Stade, world-renowned mezzo-soprano
January 29, 2012:	Jon Kimura Parker, internationally acclaimed virtuoso pianist
February 19, 2012:	The Boston Chamber Music Society, a distinguished ensemble celebrating its 30th anniversary
March 4, 2012:	Vince Giordano & the Nighthawks, a world-class jazz band
April 1, 2012:	Fenton Brown Emerging Artists Concert

All concerts are held at Valley Regional High School in Deep River.

Sponsors: The Clark Group, Community Music School, Edgar & Geraldine Feder Foundation, Essex Printing, Essex Savings Bank, Guilford Savings Bank, Landscape Specialties and Tower Laboratories.

P.O. Box 383, Essex, CT 06426 • (860) 391-5578 • essexwinterseries.com

Essex Land Trust Events – Mark Your Calendar!

Family Turkey Tromp and Plunge. Saturday, November 26 10 a.m.-12 p.m. at Viney Hill Brook Park. Join Essex Conservation Commission members who will lead groups through the trails of this beautiful 92-acre town park, a hidden gem. The walk will last approximately 45 minutes. At 11 a.m., join or just watch the wacky folks plunge into the pond. Participants in the plunge must sign waivers and be over age 18. This event is the last of 2011's Essex Great Outdoor Pursuit. The park is accessed off Hillside Drive in Essex. Ample parking is available in the park, near the pond. Rain or shine.

Industrial History of the Falls River. Sunday, January 22, 2012 2 p.m. at Ivoryton Library. Bill Grover, longtime town resident, partner emeritus of Centerbrook Architects and former ELT President, will present an illustrated talk on the history of the Falls River as it passes through town. Co-sponsored by the Ivoryton Library. Parking available on nearby streets.

Are You Sad?

Approximately 14 million people suffer from Seasonal Affective Disorder (SAD). Symptoms may include, diminished energy, excessive sleepiness, and a loss of interest in activities. This often occurs after Labor Day when the days get shorter.

The lack of sunlight causes an overproduction of Melatonin a naturally occurring chemical which helps us get to sleep. An exposure to light is necessary within 2 hours of awakening to stop this over production.

Treatment can include lifestyle changes and home remedies.

1. Exercise and exposure to light in the morning
2. Removing dark window treatments from the home and work place
3. Use of a specially designed light box

When these remedies don't provide relief it may be time to seek professional help. As a psychotherapist and Advanced practice Registered Nurse with prescriptive authority I'm happy to help. I can be reached at (860) 767-7576 or Dianne@dhmtherapy.com.

Fall and Winter are beautiful seasons. Much too beautiful to be SAD.

— Dianne Hunt-Mason



Approximately 14 million people suffer from Seasonal Affective Disorder.



BOUREGY LAW OFFICE

William L. Bouregy, Esquire

- **Wills & Trusts**
- **Powers of Attorney, Living Wills**
- **Probate** Estates, Trusts, Conservatorships, Guardianships
- **Estate Planning and Related Tax Advice**
- **Title XIX Plan (Medicaid) and other Elder Law areas**
- **Related Tax Matters**
- **Real Estate**
Closings; Land Use; Subdivide
Landlord Representation
- **Business Entities**
Formation, Buy/Sell, Counsel
- **Tax-exempts & Non-profits** Formation, Counsel
- **Collections**
- **Foreclosures**
- **Town/State Gov't**

*Admitted to practice in Connecticut and New York
"Experience Counts"*

Office Locations

14-A Elm Street, Deep River 860-526-8777

96 Cedar Lake Road, Chester 860-526-1433

Holiday Gift Certificates

RiverQuest

A great gift idea for everyone:
RELAXING CRUISE
on the beautiful CT River

Visit: ***ctriverquest.com***

RiverQuest phone: **860-662-0577**

Departs from Haddam, CT

Kitchen Table Conservation: How to Start Saving the World

Editor's Note: The following article is an abridged version of an Essex Land Trust sponsored chat given at the Essex Library on May 25, 2011. The full text version is available on the Essex Land Trust Website.

Several years ago I was asked to write the chapter on Connecticut in a book whose title is *Twentieth-Century New England Land Conservation*. Its editor and contributor, Charles J. W. Foster, is a former dean of the Yale School of Forestry and Environmental Studies. After he had considered the offerings of the six writers from each of the New England states, Dr. Foster chose a subtitle, *A History of Civic Engagement*, because that common quality was shared by the efforts over the years of all land conservation in the region.

For my Connecticut chapter I chose the title, "A Story of Land-Saving Actions." You Essex land savers have an honored place in that story. Today I delivered a copy of the book to your library as a gift from the Cabot foundation. The book, which was published by Harvard Forest, is available from the Connecticut Forest and Park Association.

When I saw your truly smashing website it got me thinking of all the things we didn't have or that didn't even exist back in 1968 and how wonderful it is, for the most part, that we have them now. So many changes!

Among the things we didn't have back in 1968, when the Essex Land Trust was founded, were almost any land trusts like this one. You are one of the first half dozen community-based, community-organized, community-funded, volunteer-operated land trusts in this state and that means anywhere. Of course, large, long-established and successful land-saving charitable organizations existed at that time. One thinks of the Nature Conservancy and the Trustees of Reservations in Massachusetts right away. But all of these had special interests and missions. Small parcels that are important to their community but not significant otherwise are of no interest to these large, well-heeled and professionally staffed organizations. What of communities that wanted to save a bit of a river, a natural area, or a beautiful vista that were significance only to the people who lived there?

To fit that need, Connecticut invented the land trust that takes its place along all the other things we Nutmeggers have thought up, like the cotton gin, the can opener, and the sewing machine. So, you in Essex can take your place in the company of other distinguished inventors! And the whole country can thank you for it. A few years ago there were something like 1,500 land trusts in the U.S. and eight percent of them are in Connecticut.

Kitchen table conservation has always led the way toward sane use of our resources and fixing things up. The first example that comes to mind is a meeting in Simsbury in 1895 at the home of a local minister. A small group of citizens was concerned about what was happening to Connecticut's forests, which were being destroyed by fires and mindless harvesting. They set in motion actions that not only saved the forest but created the park and forest system that we enjoy today. They founded the Connecticut Forest and Park Association, which probably was the first organization of its kind in the U.S. -- another Connecticut kitchen table invention.

I got involved personally with a kitchen table in Lyme. A small group of men met literally around Pat Jewett's kitchen table to try to do something about the coastal wetlands. At that time, in 1968, Connecticut had lost through draining, filling, or channeling roughly half of the tidal wetlands that had existed at the turn of the century. Many of the projects were quite small but collectively their consequences were catastrophic. Someone said it was like being nibbled to death by ducks. There was little understanding of the vital role such wetlands play in protecting uplands and providing a myriad of what we call today "ecological services." Claimed rights of upland owners reigned supreme. These guys around the kitchen table called themselves the Save the Wetlands Committee. When they asked me to undertake a study of the legal aspects of wetland protection, I remember thinking of that Margaret Mead quotation; she is supposed to have said that we should never doubt that a small group of thoughtful people could change the world, adding, "It's the only thing that ever had." Whether she actually said that or didn't, the truth of that statement has

continued on page 32



SELECTSERIES
by Budget Blinds



alta







Budget Blinds® has a Style for every point of view!



- Shutters
- Wood Blinds
- Honeycomb Shades
- Roller Shades
- Vertical Blinds
- Silhouettes®
- Woven Wood
- Roman Shades
- Professional Measuring & Installation

**We Bring our Showroom
to Your Home**

**We Service What
We Sell**

860.399.6442

ask for Pat or Marc



ESSEX NEWCOMERS' GUIDE

Welcome to Essex!

On behalf of *Events Magazine*, welcome to Essex. Whether you are new to Connecticut or just new to Essex you will find wonderful people and places to visit in town. Essex has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. The Essex Library has a Welcome Bag for you. Stop by the library to pick up yours. It has information on local non-profits and will have coupons for local Board of Trade businesses. We at *Events Magazine* and Essex Printing support local businesses.

Please use this guide and "Buy Local" – we do!

BUSINESS & PROFESSIONAL SERVICES

CHURCHES

FIRST BAPTIST CHURCH	(860) 767-8623
ST. JOHN'S EPISCOPAL CHURCH	(860) 767-8095
FIRST CONGREGATIONAL CHURCH	(860) 767-8097
OUR LADY OF SORROWS CHURCH	(860) 767-1284
IVORYTON CONGREGATIONAL CHURCH	(860) 767-1004
ALL SAINTS EPISCOPAL CHURCH	(860) 767-1698

CLUBS AND ORGANIZATIONS

ESSEX LAND TRUST	(860) 767-7355
TRI-TOWN YOUTH SERVICES BUREAU	(860) 526-3600
ESSEX GARDEN CLUB	(860) 767-2860
ESSEX BOY SCOUTS OF AMERICA	(860) 767-3904
ESSEX HISTORICAL SOCIETY	(860) 767-0681
IVORYTON COMPANY OF FIBERS & DRUMMERS	(860) 767-2237
THE SHORELINE SOUP KITCHENS	(860) 388-1988
SCORE	(860) 388-9508
THE PAUL AND LISA PROGRAM	(860) 767-7660
ESSEX BOARD OF TRADE	(860) 767-3904
DEMOCRATIC TOWN COMMITTEE	(860) 767-7665
REPUBLICAN TOWN COMMITTEE	(860) 767-3388
ESSEX LITTLE LEAGUE	WWW.ESSEXLITTLELEAGUE.ORG
ANCIENT ORDER OF ESSEX WEEDERS	(860) 767-7628
ESSEX WINTER SERIES	(860) 391-5578
9 TOWN TRANSIT	(860) 510-0429

SCHOOLS

ESSEX ELEMENTARY SCHOOL	(860) 767-8215
JOHN WINTHROP MIDDLE SCHOOL	(860) 526-9546
VALLEY REGIONAL HIGH SCHOOL	(860) 526-5328
SUPERINTENDENT	(860) 526-2417

APPAREL

ASIA	(800) 388-8816
SOUTHERN DISPOSE	(800) 388-4448

ATTORNEY

WILLIAM L. COMBESY	(800) 526-8777
CARR, DOUGLAS & CLINE	(800) 767-8038
PETER CHARNOBER	(800) 526-1788
CHRISTOPHER MORAND	(800) 767-1919
POLITO & QUINN	(800) 442-3388
TRENKORSS & ALLEN	(800) 767-8844

AUTO SERVICE

AUTO SERVICE OF OLD SAYBROOK	(800) 388-8838
CARONE & BAUGHTER AUTOMOTIVE INC.	(800) 664-8727

BANKS

ESSEX SAVINGS BANK	(800) 767-2573
------------------------------	----------------

BUILDERS/CONTRACTORS/ REMODELING

ANAK REMES	(800) 388-3823
SHAW REMODELING	(800) 484-8804

BUSINESS REFERRALS

BNI	(800) 767-8887
---------------	----------------

CHEESE SHOP

THE CHEESE SHOP OF CENTERBROOK	(800) 767-8888
--	----------------

CHILDREN'S CLOTHING

THE RED BALLGON	(800) 767-8763
---------------------------	----------------

CHILDREN'S SPORTS

ESSEX LITTLE LEAGUE	WWW.ESSEXLITTLELEAGUE.COM
-------------------------------	---------------------------

DENTIST

DANA J. ROTELLA, DDS	(800) 767-1144
--------------------------------	----------------

DRYWALL

CYR DRYWALL	(800) 668-5488
-----------------------	----------------

ELECTRICIAN

RED ELECTRIC	(800) 434-3366
------------------------	----------------

EQUIPMENT RENTAL

DEEP RIVER RENTAL	(800) 526-1234
-----------------------------	----------------

FINANCIAL SERVICES

BANK OF AMERICA	(203) 888-8888
SULLIVAN FINANCIAL GROUP	(800) 388-8888

FITNESS

PLATES FOR LIFE	(800) 227-5710
WALLESHORE Y	(800) 388-8822

FLOOR COVERING

WESTBROOK FLOOR COVERING	(800) 388-8164
------------------------------------	----------------

FRAMING

ESSEX HOUSE OF FRAMING	(800) 767-1288
----------------------------------	----------------

FURNITURE

ROBINSON WRIGHT & WEBBER	(800) 767-8888
------------------------------------	----------------

GIFT STORES

THE CHRISTMAS BARN	(800) 767-1161
GRACE'S CORNER	(800) 767-2358
TOYS AHoy	(800) 767-2887

HAIR SALON

SALON 134	(800) 328-4448
---------------------	----------------

HARDWARE

ESSEX HARDWARE	(800) 767-8877
--------------------------	----------------

HOME IMPROVEMENT

BUDGET BLINDS OF OLD SAYBROOK	(800) 388-8442
---	----------------

HOSPITALS

MOORE'S HOSPITAL	WWW.MOORES-HOSPITAL.ORG
FOR ER WAIT TIMES	WWW.MOORES-ERWAIT.COM

INSURANCE

ARCHANGEL INSURANCE, INC.	(800) 526-8887
-----------------------------------	----------------

THOMPSON & PECK-SONIA LIBBY	(800) 668-8888
WELCH/SOUBIERH	(800) 767-3488

JEWELRY & GIFTS

ANGIE'S JEWELRY & GIFTS	(800) 518-8151
-----------------------------------	----------------

LIQUOR STORES

SEASIDE WINE & SPIRITS	(800) 388-3815
STORE DISCOUNT LIQUORS	(800) 526-3187
SPIRITS OF MADISON	(203) 345-8888

MEN'S APPAREL

ANCHOR & COMPANY	(800) 328-8327
----------------------------	----------------

OPTICAL

CARRIER OPTICAL	(800) 388-8888
---------------------------	----------------

PAINT STORES

THE PAINT SHOP	(800) 388-2345
PAINTING PLUS	(800) 767-8818

PODSHOTEL

CENTER PODIATRY	(800) 676-3668
---------------------------	----------------

PRINTING

ESSEX PRINTING	(800) 767-8887
--------------------------	----------------

PSYCHOLOGIST

DR. ELIZABETH OWEN	(800) 767-8888
------------------------------	----------------

REAL ESTATE

CENTURY 21 HERITAGE COMPANY	(800) 526-1288
COLUMBELL BANNER	(800) 767-2836
EDGE TRAFF	(800) 767-5388
DIANE THOMAS	(800) 767-8839
REALTY 3-MITCHEL AGENCY	(800) 767-2821
TEAH JENNIFER	(800) 668-8838
WILLIAM MITT/SOTHEBY'S-COLETTE HARRON	(800) 388-2384
WILLIAM MITT/SOTHEBY'S-ROCK WEMER	(800) 327-3484
WILLIAM MITT/SOTHEBY'S-CORPORATE OFFICE	(800) 767-7488

RESORT & SPA

WATER'S EDGE RESORT & SPA	(800) 388-3888
-------------------------------------	----------------

RESTAURANTS

CAFE ROUTIER	(800) 388-8788
PIZZERIA DA VINO	(800) 526-8884

RIVER CRUISES

RIVER QUEST	(800) 668-8377
-----------------------	----------------

SENIOR LIVING

CHESTER VILLAGE WEST	(800) 526-8888
SAYBROOK AT HADCOMB	(800) 345-5779

THEATRES

JACOBSON ART CENTER	(203) 345-3456
-------------------------------	----------------

PUBLIC TRANSIT

9 TOWN TRANSIT	(800) 510-0429
--------------------------	----------------

Want to be listed on the Newcomers' page?
Call Diane Brown at (860) 383-6376

- *Elleeb's Tidal Conservation continued from page 30* -

been proved over and over again in the conservation movement. In any event, this particular "small group" ultimately succeeded in protecting the remaining tidal wetlands of our state forever when they got the tidal wetlands act passed by the legislature in 1969.

And so it is with your land trust. I was astonished when I opened your website and discovered how many significant preserves you had acquired. My recollection of the earliest days is that right after you were organized nobody knew exactly what you would be doing. There was thought of some kind of education activity in the schools. I had the distinct feeling that you thought it would be a good idea to have a trust because this seemed to be the thing to do but had no real notion of where to go from there. But you thought that opportunities might come. The important thing was to be ready – as ready you were...and aah! It gives me a lift to see my friend Earl Canfield's name on one of your largest preserves. You certainly are doing all the right things.

This conversation would be incomplete if we did not spend some time sharing whatever concerns we have going forward. I would like to start by sharing some of mine.

Environmental protection in Connecticut is under siege in Hartford right now on two fronts, the budget and proposed changes in the laws and regulations that have protected us for generations. We should be very sympathetic toward a governor and lawmakers who are wrestling with a deficit that was

not of their making. However, we must be adamant in insisting that environmental agencies not bear a disproportionate share of cutbacks. We should remind our lawmakers that we are not talking about just numbers but about programs.

Equally seriously, we should absolutely insist that our legislators hold the line on keeping in place the laws and regulations that have cleaned up our rivers and air, protected our wetlands, and prevented destructive public projects for decades. A juggernaut of lobbying is making the environment the scapegoat for a stalled economy and the loss of jobs. Get rid of these laws, legislators are being told, and the economy would grow again. If they do not hear other voices right now, these laws are very much at risk. While she sometimes disappoints us, you are very fortunate to have Eileen Daily in the Senate and Philip Miller in the House but they need allies and help as they strive to convince their cohorts that a sustainable environment actually is the cornerstone of a sound and growing economy.

We all are fortunate in Governor Malloy's new commissioner of the newly reorganized Department of Energy and Environmental Protection. In Dan Esty he could not have chosen a better person to develop comprehensive strategies to integrate for the first time energy, environment, and economic well being. Get to know him, and you will be pleased. So one "tree" we all can plant is to make sure we elect the right people, let them know where we stand, and give them the support that they need.

My other concerns are more general. One is making sure that we pass on to succeeding generations the traditions of generosity and volunteerism and "civic engagement" that have characterized prior generations of Americans. We seem to have become incredibly busy at the same time that we also have become more focused on our personal well being than on the well being of our communities. As you land-trust people know, organizations like this do not run themselves or prosper on their own. As I work more generally with nonprofits I wonder about how we find the resources and people to keep them thriving.

I am concerned about the war between the artificial world of screens and the real world outside and whether for many young people one is winning out over the other. As we become culturally disconnected from the natural world we become indifferent to what is happening to it. As Earl Canfield would be pleased to hear me say, the opportunities you land-trust people and others have created are out there to be enjoyed, to support our health, and to provide opportunities for family recreation away from the isolating screens. You might want to look at a wonderful website called WalkCT for ideas and become acquainted with the No Child Left Inside Initiative of DEEP.

As your founders showed us years ago, saving the world starts close at hand in our own communities, with generous, hopeful acts of stewardship.

— Russell Ehrenstein



Russell Ehrenstein

Small-town charm, EPIC LIVING.

We're a delightfully friendly, charming community that's big on the good life. Caring neighbors. A pampering staff. Smart solutions for the future. It's one-of-a-kind senior living that's oh-so-big on all the little things. Call (860) 526-6800 today to learn more.



A Life Care Services Community



317 West Main Street • Chester, CT 06412



(860) 526-6800 • www.ChesterVillageWestLCS.com

Students Experience Local History

The EHS Educational History Program brought Essex Elementary School's fourth graders to the Essex Historical Society's Pratt House, barn, and Hills Academy this past June. The students learned about home life, farming, and education in Essex during the 17th, 18th, and 19th centuries and the role children played in their homes and communities. The visit concluded with a hands-on visit to the EHS archives. Support for this program came from a \$1,000 grant from the Middlesex County Community Foundation (MCCF) and numerous EHS volunteers.

EHS began its Educational History Program in 2006 because the organization's board felt it was essential to teach our young people about their local history. Bringing students to these historic sites shows better than any words how people lived in our early history.

The tour takes students to the Pratt House, which features a kitchen filled with utensils from the colonial period such as a large fireplace with huge kettles, grilling toasters, peels, tongs, etc. Also in the room are tin candleholders, red ware, early dishware, churns, and spinning wheels. We even have an out-house that teaches some of the hardships of early colonial life. The barn behind the house holds an antique wooden loom, where our volunteers demonstrate how cloth was made.



It's hands-on history for Essex Elementary School students at the EHS Pratt House Museum.

The tour continues at Hills Academy, an old school house, where a schoolmarm volunteer holds a demonstration class. The upper floor of Hills Academy houses our archives, where students see many unusual (often mysterious) objects. This hands-on part of the day finds them guessing the purpose of many antique objects.

Many thanks to the EHS volunteer docents who kept the Pratt House Friday – Sunday, June – September. Special arrangements can also be made for visits throughout the year by calling 860-767-0681 and leaving a message.



**PROVIDING FULL SERVICE
FOR IMPORTS, VINTAGE
& DOMESTIC VEHICLES**

Our typical
happy customers
after repairs!



177 Boston Post Road
Westbrook, CT

860.664.0727

www.cardoneanddaughter.com

FREE LOANER CARS

DEEP RIVER
Equipment
RENT ALL

RENTAL / SALES / SERVICE

- All types of Landscape Equipment
- Earth Moving Equipment
- Home Improvement Helpers
- Power Tools

Member American
Rental Association

Celebrating 20 Years!

447 S. Main Street
Deep River CT 06417

860-526-1234

open M-F 8-5 / Sat 8-4





Sister Cities Essex Haiti – One Year Later

Sister Cities Essex Haiti was created by a group of residents from Essex and environs, most of whom had traveled to Haiti, after the January 2010 earthquake. Encouraged by the Essex Selectmen, they chose to create a local Sister Cities organization.

The mission of Sister Cities Essex-Haiti ("SCEH") is to build a mutual long-term sustainable relationship between the people of Essex, Connecticut, USA and the people of Deschapelles, Haiti, their extended communities, and Hospital Albert Schweitzer located in Deschapelles.

SCEH raises funds for Hôpital Albert Schweitzer (HAS), located in Deschapelles and founded by local resident Jennifer Grant's parents, Gwen and Larry Mellon, and partners with Organization Pour Développement Economique et Social (ODES) in Deschapelles to identify and realize projects that benefit the community of Deschapelles.



Interior of the Hôpital Albert Schweitzer (HAS), located in Deschapelles.

The Library Project. Working with ODES and the community of Deschapelles, we will create a local community library. The only libraries are more than a two-hour walk away and are not always open. Haitians value education, and a library will enhance the lives of both children and adults. It will provide a safe, well-lit place for children to study at night. It will enable people to borrow books in French and Kreyol, and it will have an active children's section where children and a family member can have stories read to them and experience educational materials, so important in early cognitive development. It will provide a meeting place for workshops on educational, environmental, and technical subjects. The first site that was identified is sadly, not available for a variety of reasons, and ODES and SCEH are working to identify a site. The Soros-funded library in Port-au-Prince, FOKAL, have invited three residents of Deschapelles to participate in their free librarian training programs. Two people attended the librarian assistant training program in October and the third who qualified for a distance learning librarian program will do his program later in the year. Since identifying the Deschapelles Library,

several of us have traveled to Haiti and worked alongside the ODES organization, establishing and strengthening mutual relationships.

In June 2011, six musicians from the Essex area traveled to Deschapelles at the invitation of the local Deschapelles Fanfare Band to play music together for the week leading to the HAS birthday celebration. The Fanfare Band is made up of very talented musicians who usually play for funeral processions or other events. They play mostly by ear, and in one key. They invited us to come with music, music stands, technique books, and needed instruments to practice every day in preparation for a concert on Saturday celebrating the HAS birthday. How were we able to enhance their musical skills? We provided the experience of playing music from a score, following the tempos of the "Maestro" Patricia Hurley of the Community Music School, how to follow a musical road map with repeats and first and second endings, and how to play in two other keys as they always play in one key, concert B flat. With this trip we established wonderful and durable relationships with all the musicians as we played together. We became fully aware of the skills of the musicians, and we look forward to accepting their invitation to return to continue the collaboration. (More details about this program can be found in a second article on page 38.) We were able to bring down musical instruments because of the generosity of donors of instruments here in the Essex area, including Essex resident Stuart Ingeol, who made many instruments available; the support from the International Musical Fraternity, Sigma Alpha Iota, which has designated funds for music in Haiti; and Deep River's Face Arts Music, which made it possible for us to purchase music technique books, music stands, and two drums.

The Early Education Teacher Training Project. Responding to a proposal from three directors of schools with young children, we will initiate an Early Education Teacher Training Project. The program will augment the existing curriculum in the schools and begin with the youngest children.

Educators, several with experience in teaching in Haiti and who speak either French or Kreyol, will be joined by teachers from this area, all well versed in the use of manipulative hands-on, child-centered materials, which are critical to cognitive development.

Schools in Haiti, especially in the rural areas, are sparse. Learning is traditionally by rote. Papers and pencils are scarce. The younger school children often have child-sized tables and chairs, but the older ones have wooden bench/desk arrangements which will hold often one more child than you thought would be possible. Each classroom for older children has a blackboard. They have few materials, including books for reading pleasure. Their school yards, if there is any space at all, are often just hard dirt and only rarely is there playground equipment.

This program will consist of a week of workshops with the three directors who wrote the proposal, all their teachers who instruct children from ages 3-6, and the SCEH teacher trainers.

continued on page 39

- Sister Cities continued from page 34 -

After the teachers have had enough time to use the new skills in their classrooms and they are comfortable with their knowledge, they will hold workshops with other interested schools in the area, supported by some of the same teacher trainers.

This program has been embraced by Dr. Ruth Levy, Superintendent of Region 4 schools, and the administrators of the five schools: Essex, Deep River and Chester Elementary Schools, John Winthrop Junior High, and Valley Regional High Schools.

Support from Essex area. None of this would have been possible without the support and encouragement of the community of Essex.

Original efforts began as "Here a Heart for Haiti" awareness and fund-raising for Hôpital Albert Schweitzer through publicity and support such as the dedication of the February 14, 2010 Essex Winter Series Valentine's Day Concert to HAS.

In September 2010, SCEH was invited to establish a designated fund account with Middlesex County Community Foundation to enable donors to make tax-deductible contributions to SCEH.

In October 2010, SCEH held a fund-raiser at the CT River Museum, which involved over 40 volunteers and raised over \$35,000 for Hôpital Albert Schweitzer and the Library Project.

On January 12, 2011, bells were rung for 35 seconds at St. John's Church and elsewhere, the duration of the Haiti "troublemaker" to commemorate the 2010 earthquake in Haiti, and in February 2011, St. John's Church's annual Shrove Tuesday Jazz Concert free-will offering was donated to the SCEH Library Project.

The Girl Scout Troop 62041 was active much of the year supporting SCEH. They volunteered as servers at the October Fund-Raiser, and, after learning more about Haiti, they chose to present Haiti at the Girl Scout World Thinking Day colloquium at the Essex Town Hall. They also began a pen pal program with teens in Haiti.

Tri-Club Rotary International hosted a dinner to raise funds for Hospital Albert Schweitzer in February of 2010, just after the earthquake. This fall they committed to donating 1,000

books, in Kroyal and identified as desired for the Deschanelles Library. They invited Terry Smith, chair of the Library Committee, to speak at their annual Tri-Club International dinner, and in March, they again held a very successful fund-raiser for SCEH's efforts.

On May 15, 2011, Karen Birch Blundell, Adam De Sogno, and Kristen Lettnerman launched their musical group, Essex Consort, with an obse concert at the Essex Congregational Church. The free-will offering was designated for SCEH. Additionally, Karen Birch Blundell introduced SCEH to the Person-to-Person outreach program of her music fraternity, Sigma Alpha Iota. They have a special fund to support musical efforts in Haiti, and they accepted SCEH's Musical Project as a partner. This enabled us to purchase musical instruments, music, and music stands for the musicians.

In April, the Essex Elementary School (EES) initiated a Read-a-Then with proceeds to go to the SCEH Library. To launch the program, SCEH board members were invited to do presentations to the students about Haiti and the Library Project. In June, at the end of the school year, EES presented SCEH with a check for over \$8,000.

This fall, Superintendent of Schools Dr. Ruth Levy has



Read-a-Then

engaged all five schools in the Early Education Teacher Training program, with plans to participate in the training and to collect appropriate hands-on educational materials for the schools.

Members of the community serve on the Board and on committees (Library, Music, Early Education Teacher Training).

For more information about Sister Cities Essex Haiti, please visit our web site at SisterCitiesEssexHaiti.org or get in touch with anyone on our Executive Committee: Kathleen Maher, President; Dan Taylor-Stypa, VP and Communications; David Evangelist, Treasurer; Jenifer Grant, Secretary; Terry Smith, Chair of Library Committee; and Denise D'Avella, Chair of Development Committee.



Girl Scout Troop 62041

Child & Family Agency Holiday House Tour

SAVE THE DATE! DECEMBER 10

Child & Family Agency of Southeastern CT announces with pleasure its 11th biennial Essex Holiday House Tour on Saturday, December 10, from 10:00 a.m. to 4:00 p.m.

The tour will feature beautiful village homes, including a landmark house, all decorated for the holidays and within walking distance from the Town Hall for easy access to village shops and restaurants as well. Essex Historical Society's Pratt House and Hills Academy and the Connecticut River Museum will also be open free to ticket holders. Enticing boutique wares for everyone on your shopping list and a small café at Town Hall will also merit exploring.

Tickets will be available at \$25 each in advance from Stoneware (Essex), Gather (Ivoryton), Saybrook Country Barn (Old Saybrook), The Bowerbird (Old Lyme), Celebrations (Deep River), Ceramica (Chester), and Walker & Loden (Madison). Tickets on the day of the tour will be sold at the Essex Town Hall for \$30 each, and tickets ordered after December 5 will be held there. For groups of 15 or more, tickets may be ordered in advance at \$20 each. When ordering by mail, please include a self-addressed, stamped envelope, and send your check to Child & Family Agency, Holiday House Tour, 168 River Road, Essex 06426. For more information about the tour or the Agency, please visit our website at www.cbapress.org.



The Essex Holiday House Tour will be held on Saturday, December 10 and benefit the Child & Family Agency of Southeastern CT

Our Mission

Since its founding in 1809, the mission of Child & Family Agency has been to promote the well-being and development of all children and their families. Priority is given to the unmet needs of children lacking physical, emotional, and intellectual care and nurturing.

Programs deal with child abuse prevention, the treatment of family violence, teen pregnancy, children's health care, childcare, parent education, and child guidance. Last year, over 16,000 children were served in 79 towns in New Haven, Middlesex, and New London Counties. Child & Family has 172 staff – social workers, teachers, psychologists, nurse practitioners, physicians, administrators, and support staff – dedicated to helping children at 27 service centers.

Much private support of the Agency is derived from six auxiliaries, located in Essex, Lyme/Old Lyme, East Lyme/Niantic, New London/Waterford/Croton, and Mystic/Noank/Storington. Auxiliary members are a diverse group, who give generously of their time and talent through caring for children, fundraising events, and educational services to further the mission of the Agency. New members and donors are always welcome.

Enjoy your tour, and know that, in doing so, you are helping to strengthen families in your community!



Child & Family Agency promotes the well-being and development of all children and their families.

madison
Art
cinemas

761 Boston Post Road
P.O. Box 270, Madison, CT 06443

203.245.3456

www.madisonartcinemas.com

Asset Allocation: A Key to Portfolio Success

For many investors, investing typically begins with one stock or mutual fund. Over time, other selections are added because many people understand it may not be prudent to invest everything in a single security, even if it has a "blue chip" reputation. However, just "spreading money around" in a haphazard way may create only an illusion of diversification.

If you have assembled a "hodgepodge" portfolio, you may not know the extent to which your investments are (or are not) consistent with your objectives. How do you go about setting up a framework which tailors your investments to your particular circumstances?

A sound portfolio management strategy begins with asset allocation – that is, dividing your investments among the major asset categories of equities, bonds and cash. Since each type of investment category has unique characteristics, they rarely rise or fall at the same time. Then, you can make finer distinctions within each asset category (i.e., diversification). Combining different asset classes could help reduce risk, although it doesn't eliminate market risk altogether. Still two nagging questions remain: What factors guide the asset allocation process? How much of a portfolio should go into each category?

To answer the first question, the main objective of asset allocation is to match the investment characteristics of the various investment categories to the most important aspects of your personal investment profile – that is, your tolerance for risk, your return and liquidity needs, and your time horizon.

Investing according to your risk tolerance will help you keep from abandoning your investment program during times of market turbulence. One way to measure your risk comfort zone is to ask yourself how much of a loss in a one-year period you could withstand and still stay the course.

Finding an appropriate match for you means balancing your tolerance for risk against the different volatility levels of various asset classes. For example, if you have a low tolerance for risk, that fact may dictate a portfolio that emphasizes conservative investments while sacrificing the potentially higher returns that usually involve a greater degree of risk.

RETURN NEED refers to the income and/or growth you expect a portfolio to generate in order to meet your objectives. For example, retirees may prefer a portfolio that emphasizes current income, while younger investors may wish to concentrate on potential growth.

Your personal time horizon extends from when you implement an investment strategy until you need to begin withdrawing money from a portfolio. For example, a very short time horizon (less than 5 years) is probably best served by a conservative portfolio emphasizing safety of principal. On the other hand, the more time you have to invest, the greater risk you may be able to withstand because you have time to recover from market downturns.

The short answer to how much of a portfolio should go into each category is that asset allocation is more a personal process than a strategy based on a set formula. There are guidelines to help establish the general framework of a well-diversified portfolio. For example, you may decide on the need for growth in order to offset the erosion of purchasing power caused by inflation.

However, building an investment portfolio that is right for you involves matching the risk-return tradeoffs of various asset classes to your unique investment profile. One final point that is worthy of emphasis – when you put together your own asset allocation strategy, you should combine all your assets (i.e., your investments and retirement savings). That way you can ensure that all your assets are working together to help meet your goals and objectives. Keep in mind, investment return and principal value will fluctuate with changes in market conditions so that shares may be more or less than original cost. Diversification cannot eliminate the risk of investment losses.

— Ramona Financial

This article is provided for general information only. It is not intended to provide specific advice or recommendations for any individual. You should consult with your financial representative, attorney or accountant with regard to your individual situation.

Church Events

First Congregational Church of Essex
Christmas Fair on the Hill
Saturday, December 3, 9-3 p.m.

Ivoryton Congregational Church
Pastor's Tea
Sunday, December 11, 3-5 p.m.

Bogaert CONSTRUCTION CO., INC.
60 PLAINS ROAD
ESSEX, CT 06426

NEW HOMES, REMODELING & ADDITIONS

(860) 767-8072 OFFICE
www.bogaertconstruction.com

HIC: 0629107, NHC: 0000170
GENERAL CONTRACTORS

My Haiti Experience: June 2011

I was invited by my friend and New Horizons Band member Jennifer Grant to travel to Haiti with her as a consultant to a group of musicians known as "Fanfare" in the town of Deschapelles, where her mother and stepfather had established Hospital Albert Schweitzer in the early 1960s. Jennifer gave me a little background on the hospital and less on the musicians. Always up for an adventure, I agreed to make the trip, having no idea what exactly I would be able to do, given that we didn't know anything about the musicians. Were they able to read music? What skills did they have/lack? Would they even welcome instruction from a non-Kreyol-speaking teacher? Would they be willing and able to come to rehearsals? What kind of music would they like to learn?

I tried to prepare by reading the biography of Jennifer's mother and stepfather, *Song of Haiti*, which provided background on Jennifer's life as well. I had supported the Sister Cities Essex/Haiti project and was aware that several Essex people had begun projects in Deschapelles, including establishing a library, but was a bit dubious about the music project—that is, until I met the musicians.

Arriving at the airport in Port au Prince on Sunday afternoon was quite a shock; the tropical heat hit us like a proverbial ton of bricks. We were taken to the hospital transportation center, where we waited for a ride to Deschapelles, about a two-and-a-half-hour trip. We hooked up with Terry Smith and her son Nicholas and Kathleen Maher and her son Alec Kellogg, who had preceded us by a day. We were all burdened with duffels and packages containing instruments, stands, and equipment for the project. Our mode of transportation was a school bus, which is used to transport the many people who commute from Port au Prince to Deschapelles each day, including doctors and nurses who are visiting staff.

After a brutal bus ride along the "highway," stopping often to discharge or pick up passengers, we arrived at Deschapelles. Terri and Kathleen and their sons, along with Roger Lecompte (saxophone player also in New Horizons Band) were staying at the Alumni House; Jennifer's daughter Kate and grandson Reid and I stayed in Jennifer's small house. Lunch and dinner would be at the house for all nine of us, as well as assorted guests.



We had arranged to meet the musicians on Monday for an 8:00 rehearsal. We dragged music stands, music, and instruments to Beoni, our open-air rehearsal hall up the hill from the house, set up the music stands and music, and waited for our musicians to arrive. We began the rehearsal with introductions (in Kreyol) by Jennifer. Our five musicians (Jennifer, Roger, Alec, Nicholas, and Reid) sat side by side with the Haitians and helped them find their places in the music as we went through some scales and warmup routines. My French was occasionally insufficient so Jennifer jumped in to expedite things. It quickly became apparent that the Haitians were eager to follow instructions and certainly played what was on the page—a pleasant surprise!

As the week progressed we added pieces to the repertoire. Using a standard band method, *Essential Elements Book 2*, we began with unison pieces, then a duet, then full band arrangements. We had asked Tom Briggs to arrange some music, which was very successful. We would arrive at the rehearsals to find that the men had set up stands and chairs so that we could get started quickly. We rehearsed from 8-9:30 after which Roger, Jennifer, and I often helped musicians who had specific questions or interests. We met again from 5-6. Several musicians work so could come to one or the other rehearsal; we never knew who would show up. The boys were very helpful in filling in where needed. Nicholas frequently put down

continued on page 48



PETER H. CHARBONNIER

ESQ, LLC

860.526.1780

97 MAIN ST. • CHESTER

I look forward to addressing your concerns in the following areas of law...

REAL ESTATE Refinance • Purchase • Sale • Reverse Mortgage • Landlord/Tenant

SMALL BUSINESS Formation • Consulting • Purchase • Sale • Corporation • LLC

WILLS & TRUSTS Probate Administration • Living Wills • Estate Planning

DEBT WORKOUT Short Sale • Foreclosure Avoidance • IRS negotiations

phcatty@aol.com • **SERVING THE COMMUNITY SINCE 1992** • www.lawforlocals.com

FOR LEASE

Retail/Offices

Spencer's Corner
Centerbrook
(on Main Street)

Ground Floor Lease Available

- JUST REMODELED
- 2 OFFICES AND WAITING AREA
- PRIVATE RESTROOM
- CENTRAL A/C AND HEAT
- TERRIFIC VISIBILITY
- LOTS OF CONVENIENT PARKING
- ATTRACTIVE LEASE TERMS

R&W
Management
860.304.9544

FOR LEASE

Industrial

17 Industrial Park Road
Centerbrook
(off Westbrook Road)

- CONVENIENT CORNER LOCATION
- 2000 SQUARE FEET
- 2 OFFICES AND 2 HANDICAP EQUIPPED RESTROOMS
- CENTRAL A/C & HEAT
- HIGH CEILINGS FOR STORAGE
- 12 X 14 BAY DOOR
- LOTS OF PARKING
- EASY ACCESS TO RTE 95 AND RTE 9
- AVAILABLE IMMEDIATELY – NEWLY CONSTRUCTED
- ATTRACTIVE LEASE TERMS

R&W
Management

- *Event Experiences continued from page 58* -

his trombone to help in the percussion section; Reid, who played trumpet, also helped out in percussion. Their willingness and flexibility was invaluable.

By the end of the week we had a few pieces that we felt we could perform as part of the Fete celebrating the 55th anniversary of the founding of the hospital. The boys had helped silkscreen shirts for the band, which we wore for the performance. On Saturday afternoon the Fanfare Band plus about a dozen "majorettes" (teenage girls who did wonderful dance steps to the music, led by a male drum major) marched down the road from the hospital and into Beant. They played the "Star Spangled Banner" among other pieces. When it was our turn to perform the men took their places, Jenifer made some introductions, and we began to play. Our repertoire included an arrangement of "Home on the Range" by Tom Briggs, to commemorate the ranching background of Jenifer's stepfather and mother. We also played Tom's arrangements of "Closer Walk With Thee" and "Amazing Grace." About 100 people were in the audience, including hospital staff and local residents.

After we played, the Fanfare Band performed for another half hour (all in the key of Bb and without music) some very creative music, which included countermelodies, obligatos, and other wonderful effects, proving what excellent musicians they are.

Among the people who made this venture so successful is Stu Ingeasoll, a New Horizons Band member who deals



Jenifer Grant and friends.

In used instruments. Stu made several instruments available to us at very reasonable prices, which were played by the Americans during the week and donated to the Fanfare group on our departure.

We are also very grateful to Sigma Alpha Iota, national music sorority, who made it possible to purchase music and equipment that we donated to the band.

I have to say that the week at Deschanelles was one of the most rewarding of my teaching career. The experience of working with talented, eager, and grateful musicians in a third-world country was unique, and I think that we all came to respect and appreciate each other's gifts through the music that we shared.

— *Patricia Hurley*



190 Westbrook Road
Essex, CT 06426
860.767.1141

Dana J. Rotella, DDS
formerly the practice of Peter E. Pool, DMD
would like to thank his current patients
for their warm welcome
and invite new patients
to the practice.

Upcoming Events

18th Annual Holiday Train Show

Runs from Nov. 18, 2011 - February 12, 2012

Train artist Steve Cryan has worked his magic again with more trains, new scenery, and lots of surprises to be found in the fully operational 26-foot model train layout.

Trees in the Rigging

Community Carol Sing and Boat Parade

Sunday, November 27 (Rain Date December 4)

Starts at 4:30 pm at Essex Town Hall

The Sailing Masters of 1812 Fife and Drum Corps lead a lantern-lit parade of antique cars and holiday carolers through Essex Village to the Connecticut River Museum at Steamboat Dock for a parade of lighted boats and the arrival of Santa Claus. All are welcome to join in this very special holiday tradition.

Alice Powers 1921-2011, Essex Land Trust President 1990-95

It was one of those classic, inventive Chet Arnold presentations at the annual meeting, about a decade ago. Here we see projected on the screen the Land Trust properties already within its stewardship, those in play, and Alice's house...flashing at us from its location on Maple Avenue.

If we could zoom into her dining room, we would see the stacks of papers so endemic of the complicated legalistic process of acquiring properties, together with a gathering of Land Trust committed regulars huddled there to help get it all done.

With Alice, it almost goes without saying for those who knew and worked with her; underneath it all came a business-like demeanor, projecting an aura of professionalism, probably nurtured by her years in New York as Vice President of Young and Rubicam, one of the marketing world's top advertising agencies. Now the Essex Land Trust (ELT) was the beneficiary of this experience.

The ELT group might include the likes of Chet, Leslie Barlow, Judy Lovelace, David Hyde, John Matthiessen, Jean Leuchtenburg, and Barbara Edwards, all then current active board members themselves. Then Alice in true form might offer those in the group who so chose a martini to help lubricate their efforts. And why not? Making the job fun, in her view, was an important means to the end.

Alice's passion to see Land Trust projects move forward stemmed at least in part from her pervasive love of all things natural. For example, she also served on the Grants Committee of the Rockfall Foundation of Middletown, which helps funding for environmentally related projects in Middlesex County. Also she would vacation some summers in northern Vermont, near Waitsfield (and the Mad River Glenn ski area). If one wanted to know how to find a certain remote swimming hole or a beaver pond, the answer was simply to just ask Alice. Her last great natural adventure was a trip down the Amazon River in South America at age eighty.

Alice was born on March 16, 1921, in Mount Vernon, New York, daughter of James A. and A. Shirley (Arnold) Powers. Following graduation from Emma Willard School and Smith College she worked for the government during World War II in Washington, D.C. In 1946 she joined the New York advertising firm of Young and Rubicam, rising to the position of Vice President of Human Resources.



Alice Powers

Upon retirement twenty-five years ago, she moved to Essex, where she enjoyed the many cultural and four-season outdoor activities the area offers. In addition to her serving as a president of the Essex Land Conservation Trust for a record five years, she also was a member of the Connecticut River Museum, the Essex Garden Club, the Essex Yacht Club, and the Old Lyme Country Club, where she participated on the golf committee. Prior to moving to Essex she also had been the first woman president of the New York Amateur Ski Club, the second oldest in the United States, with its

headquarters at Mad River Glen.

Alice passed away on Friday, February 18, just a month shy of her ninetieth birthday, at the Avalon Health Center in Mystic (CT). She was predeceased by her brothers, Robert and William Powers. She is survived by her nephew, James H. Powers of Montpelier, Vermont, and his partner, Marilyn Hart and her sons, Charles, Otis, and Michael Hart.

— Dan Nesbett

CARR, DOUGLAS & CLINE

Is pleased to announce the location of its new offices at:

**12 MAIN STREET, SUITE 3,
ESSEX, CT 06426**

LINDA T. DOUGLAS & STEPHEN R. CLINE
ATTORNEYS AT LAW

We look forward to the opportunity to continue to assist you with your legal needs:

- **FAMILY LAW** (divorce, custody, child support)
- **TAXES** (tax advise/planning, tax preparation)
- **REAL ESTATE** (purchase/sale, refinance, transfers, landlord/tenant, reverse mortgage)
- **ESTATE PLANNING** (Wills, Trusts, estate planning, Title XIX planning, Probate Administration)
- **SMALL BUSINESS** (formation, consulting, purchase, sale, corporations and limited liability companies)

PHONE: (860) 767-0339 OR (860) 767-2800 * FAX: (860) 767-7213
e-mail: office@cldcessex.com

WANT TO ADVERTISE?

Call Diane Brown at (860) 383-6376

Austin-Healey...Extraordinary, Then and Now

While sitting in the publisher's office one day this past July, it was announced that there was a phone call for the "Motorsports editor".

What a surprise, this was a first, but I recovered quickly and was soon chatting with George Greider, a member of the Austin-Healey club of North America. George informed me that he and a large contingent of club members were having a summer rallye, which included a luncheon stop at the Gelston House in East Haddam. Would I like to come up, meet some of the folks and check out the cars, he asked. You bet, what's the date? I'll be there.

These cars have always been on my short list of favorite sports cars, I even owned one for a while back in the "long ago". You may recall a story I wrote about it for *Events Magazines*, but I digress. Let's take a quick look at some of what made these cars so special when introduced in 1953 and sought after as collector cars today.

Built in Great Britain, the Austin-Healey 100 was initially just a two-seat roadster. A 90" wheelbase chassis underpinned the car. Power was provided by a 2,660 cc inline four cylinder engine. Torquey and rugged this power plant was rated a 90 horsepower which seems puny today, but when coupled with a car weighing just over 2,100 pounds, provided good performance for the era, good enough to propel the car to 100 mph, hence the model designation. The Austin Company also provided the three speed transmission with overdrive and drum brakes. All this fairly standard fare for the time.

So what made the car so special then and now? In a word: "looks". Road and Track Magazine in a March 1956 review of a 100M model suggested the cars popularity was due to being a "genuine" sports car and also trouble free. I submit a third reason, colored without question by nostalgia. They were drop dead gorgeous. Low slung and curvaceous, long hood with short rear deck and a two seat cockpit all riding on wire wheels with bright chrome knock off hubs. Wow! This was a "sports car".

The cars evolved over the next decade and a half. Six cylinder engine, four speed transmission, disc brakes, all welcome advances. Also four seats in some models, roll up windows, increased weight and in the opinion of at least a few, an overly



A large contingent of Austin-Healey club of North America members recently held a summer rallye, which included a luncheon stop at the Gelston House in East Haddam.

chromed front end. But, nit pickers aside, the big Healey's endure as icons of the British sports car era.

In the late fifties A-H introduced an entry level sports car called the Sprite. Affectionately known as the "Bug Eye" in the states, because of its bulging upright headlights, it too is a sports car icon. A low cost, entertaining street sports car, Sprites also enjoyed considerable success in sports car racing competition.

All this wonderfulness came to a screeching halt following the 1967 introduction of the Federal Safety and Emissions Standards. Austin-Healey withdrew from our market. It was the end of an era.

We should all thank George Greider and his fellow Healey enthusiasts for keeping this very special sports car part of our modern car culture. It's especially gratifying to see and hear them on our public highways and byways. Thanks all you guys and gals and kudos for a job well done.

Keep the shiny side up and I'll see you next time.

— Dana Hill, Motorsports Editor



AJ Shea Construction LLC

192 Westbrook Road, Essex, CT 06426

www.ajshea.com
860.767.2969

Estuary Council

Estuary Council of Seniors, Inc. has been Serving Seniors in the nine-town Estuary region for 35 years. Call us to receive our *Gazette Newsletter* or go to www.ecsenior.org for our online newsletter, events calendar, menu, and more.

Donate Your Car or Boat to the Estuary Council. Turn your car or boat into a tax deduction by calling 1-800-716-5868. Vehicle does not have to run. Proceeds benefit the vital services we provide in the nine town Estuary Region.

YOU'VE GOT MAIL! - Be the first to know what is happening by getting our newsletter emailed to you. No more postal delays, winter address changes, or trying to find the newsletter to confirm a date for the great free class or seminar. Go to www.ecsenior.org and click on the newsletter icon to follow the link and sign up. Then email us to remove you from the mailing list.

INTERESTED IN SCRABBLE? – Call Deb at 860-388-1611.

WOODCARVING CLASS: Meets 1st and 3rd Wednesday at 9 a.m. Beginners to advanced levels welcome. This group of men and women met and did their first project. Call Ed Gorman at 860-388-5737 for more information.

MASSAGE THERAPY AT THE ESTUARY: Weds. from 10 a.m. to noon. Massage is one of the oldest forms of healing. Soothe anxiety and depression, increase joint mobility, and help with chronic pain, to name just a few of the benefits. Call

Sarah at 860-710-1330 with questions or for an appointment. Sarah has been busy, so don't wait to make your appointment.

STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION For medical appointments, to any medical location beyond the nine-town estuary region. Call Judy at 388-1611. Suggested donation of \$25. EMOTS is supported by the Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

MEALS ON WHEELS – hot meals delivered to your home. Call Diane at 388-1611. A \$2.50 donation request for those aged 60+ ; otherwise cost is \$6.25. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

CAFÉ MEAL SITES - Chester, Clinton, Old Lyme, Old Saybrook, & Westbrook. Reservations required by calling 860-388-1611 by 11 a.m., 24 hours in advance.

CLASSES AND ACTIVITIES: Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Tai Chi, Cribbage, Writer's Group, Book Club, Quilter's Group, Dominoes, Needlecrafters, Hand and Foot, and more.

ESTUARY THRIFT SHOP: Hours are from 10 a.m. – 4 p.m. Mon. – Fri. and 9 a.m. – 1 p.m. on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available! Donations are accepted and volunteers always needed.


CHRISTOPHER L. MORANO
ATTORNEY AT LAW

Former Chief State's Attorney

Serving all State Courts in the following areas:

- Criminal Law
- Pardons
- Drunk Driving Cases
- Personal Injury
- Workers' Compensation
- Victim Representation
- Real Estate
- Wills
- Property Tax Appeals

and other areas of general practice



25 Main Street, P.O. Box 200, Essex, CT 06426
 860-767-1515

164 Hempstead Street, New London, CT 06320
 860-418-7779

clm@moranolegal.com



Provides Public Transportation to portions of Chester, Clinton, Deep River, Essex, Killingworth, Lyme, Old Lyme, Old Saybrook & Westbrook

Connections to SouthEast Area Transit buses in Niantic, DATTCO S Route in Madison, Middletown Transit and CT Transit Hartford in Middletown

SERVICE IS AVAILABLE TO ALL – NO AGE RESTRICTIONS

Call 860.510.0429
www.estuarytransit.org

Nine Town Transit is Operated by the Estuary Transit District

Where Guys Actually Like To Shop

**ANCHOR &
COMPASS**
A STORE FOR GUYS
DEEP RIVER, CT



**Visit the Store this Holiday Season
& Find Everything you Need for the
Guys (and boys) in your life!**

- ✦ Unique Gifts and Great Clothing
- ✦ Manly Gift Wrap - Free!
- ✦ Special Orders
- ✦ Gift Certificates

**Do Your Holiday Shopping at Anchor & Compass
because it's Fun, Stress-Free and Convenient!**

Holiday Hours: 9 am to 6 pm - Seven Days a Week
163 main street • deep river • 860 322 4327
Across the street from the Sweet Shoppe



BNI, Essex Riverside Chapter, member Andrew Vercillo of Computer Signs wins hundreds of \$\$\$ in the mega door prize. Interested in joining? Stop into the Essex Town Hall any Tuesday morning from 7:30 to 9:00 a.m. For more information call David V. Winstead, Ph.D., Public Relations Chairman at 860-767-9087.

WESTBROOK

*Beautifully Decorated Showrooms
Displaying A Large Variety of Wool Carpets*

FLOOR COVERING



ECOSTEAM
Environmentally Focused Solutions for Restorative Cleaning®
Environmentally Focused Solutions
for Restorative Cleaning®

1275 Boston Post Road, Westbrook, CT 06498

www.westbrookfloor.com

860.399.6161

Tuesday - Friday: 9 a.m. - 5 p.m.

Saturday: 10 a.m. - 4 p.m. Closed Sunday & Monday

Evening Appointments Available

Where else in
182 feet
can you find

**Denim Jeans
Sunglasses
Sweet Potato Fries
Cowboy Boots
an I.R.A.
a Little Black Dress
Apple Martinis
a French Manicure
a Tuxedo
Running Shoes
and Fine Jewelry?**

We're your
Neighbors,
Come Check
Us Out!



Cartier Optical



The 200 Block Main Street Old Saybrook, CT

ANGIE'S JEWELRY & GIFTS 860.510.0151 **CARTIER OPTICAL** 860.388.0205 cartieropticalinc.com

AZUL FINE CLOTHING 860.388.0016 azulclothing.com **SOUTHERN EXPOSURE** 860.399.4445 shopsouthernexposure.com



Waterfront & Country Properties Since 1956



over 35 countries / 17 time zones / 46 languages / 15,000 communities
ONE EXCEPTIONAL REAL ESTATE NETWORK.

Around the world, the finest real estate firms are united under the Leading Real Estate Companies of the World® banner, forming a global network that more people rely upon to buy and sell homes than any other real estate organization.

Through our affiliation with this exclusive group, we can connect you to these premier firms, offering superior full-service assistance no matter where your real estate needs may be.

So whether you are moving across town, relocating across the country or seeking a second home across borders, think of us as your global real estate resource.

www.realty3ct.com



25 Main Street Essex, CT 06426 860.767.2621 800.333.5536 www.Realty3CT.com



LEADING REAL ESTATE COMPANIES OF THE WORLD™

The Power to Move You Anywhere





WESTERLY, RI: Beachcombers and Golfers Paradise! Weekapaug Bluffs overlooking Weekapaug Golf Course and brilliant water views beyond. This 2 BR, 2.5 bath end unit townhouse with C/Air is situated for the best views from most rooms and two decks. Basement offers dressing room and shower for beachgoers, plus plenty of storage. Large 2-car garage with 3 additional assigned parking spots, includes one at front door! Rare offering and nicely priced at \$325,000
Melanie Tary, Realty 3 Village & Shoreline (860) 235-6607



CHESTER: Spacious 4 bedroom Colonial on private interior lot. Living room with French doors to office. Eat-in kitchen, family room with sliders to large deck and stairs to bonus-guest suite over garage with living room, bedroom and full bath. 3 Bay garage, over 3,000 sf of gracious living area. \$439,000
Call Bill (860) 767-2621 x115



STONINGTON: Impeccably appointed Contemporary with 3 BRs, 2.1 baths, central air, master suite w/private balcony overlooking the water. Dramatic 2-story foyer enters an open, light-filled living area with lustrous HW flrs, cut granite FP & panoramic views of lush grounds and the water. Step out to a waterfront terrace with retractable awning & hot tub. Relax & enjoy the views, stroll down to the dock for a sunset cruise, enjoy spirited conversation around the stone fire pit... it just doesn't get any better than this! Offered at \$1,250,000 Call Melanie Tary (860) 235-6607. Please visit www.37Wampassuc.com for further details!



ESSEX: 1985 Colonial in desirable Falls River Farms. Privately sited on wooded hillside with southern exposure and views. First floor den easily converts to primary or secondary master suite. Three bedrooms upstairs. \$279,000
Call Peg (860) 767-2621 x114



HADDAM: \$775,000 CT River Waterfront! Captain Ebenezer Witter, Jr. house. Lovingly restored c1760 Center Chimney Colonial in private natural setting with fabulous waterviews. Large keeping room, living room courting room, seven fireplaces. Wrap around deck.
Call Sheila or Bill (860) 767-2621 x118/x115



STONINGTON: Spacious 4 bedroom, 2 bath home on almost 2 acres. Private setting close to highways and shopping. Nearly 3700 sf main house plus full basement, generous rooms, refinished hardwood floors, first floor family room with wood stove and loft. Large level yard with in-ground pool and hot tub, 2-car garage. \$425,000
Call Charity MacPherson (860) 460-2804



ESSEX: Beautifully remodeled Colonial with open floor plan, spacious rooms, cathedral ceilings and two fireplaces. Private master suite with remodeled bath. Gunite pool with spa, level yard bordered by stone walls. \$359,900
Call Peg (860) 767-2621 x114



HADDAM: Stunning views of CT River! 5 Acres of land on Walkley Hill Road with views of CT River overlooking Saybrook Road. Can be sub-divided, sellers flexible on buyers needs or taste. Zoned R-2A residential use, maps & info available. \$349,900
Call Jenna Carroll (860) 828-3230 x348



ESSEX: Well designed & beautifully maintained custom Gambrel features a fabulous gourmet kitchen, lovely family room & living room with fireplaces as well as 1601 sf of living area on the walkout lower level. Prominent setting on a quiet cul-de-sac bordered by Canfield Woods Nature Preserve with miles of trails. Wonderful! \$645,000
Call Peg (860) 767-2621 x114



25 Main Street Essex, CT 06426 860.767.2621 800.333.5536 www.Realty3CT.com



LEADING REAL ESTATE COMPANIES OF THE WORLD™

The Power to Move You Anywhere



Seniors Getting Fit at the Jaybrook at Hookston

Walking, lifting weights, stretching, aerobics, lifting, etc. are all fun things seniors do every so many physically fit longer growing. In fact, "working out" is becoming a bigger part of daily life for seniors' senior citizens, and the benefits are piling up. Senior citizens want more control of physical fitness for their senior citizens walking problems, prevention steps or solutions for even improve their quality of life. Regular exercise builds muscle - which can be accomplished in many ways of life. Stronger muscles allow seniors to be more independent and manage daily tasks on their own.

Regular exercise helps keep seniors "in balance" and flexible, which, in turn, helps them avoid falls and injuries that can hinder senior citizens. It also increases metabolism, improves cardiovascular health, and helps maintain posture - which all combine to improve overall well-being. Senior citizens benefit from walking groups, stretching classes, or by simply going for walks outdoors.

Daily exercise does wonders to help seniors improve mental stimulation, improve quality of life, and help them live more independently by their circumstances. Furthermore, if they have been previously such as the Jaybrook at Hookston they will find walking as their thing, more than ever a day, and they will be healthier,



*Hookston 24-Hour at Hookston for 24-Hour, they...
 Hookston 24-Hour at Hookston for 24-Hour, they...
 Hookston 24-Hour at Hookston for 24-Hour, they...*

as they do have their fitness, as well as, with fitness, and for many other programs throughout the day. They always have the option to take walks instead of the classes, giving them more control over their fitness. In the morning, many seniors find their own way walking outside.


The Jaybrook at Hookston recently added a new gym to enhance community health and fitness. The new facility includes an exercise studio, a fitness center, and a multi-use fitness center. The new facility includes an exercise studio, a fitness center, and a multi-use fitness center. The new facility includes an exercise studio, a fitness center, and a multi-use fitness center. The new facility includes an exercise studio, a fitness center, and a multi-use fitness center.

Clear seniors are required to find solutions to lower steps than they can take, making less our community. They don't realize the level of physical activity they take on each day, but they usually realize how good they feel. This is why we encourage each senior to get involved in fitness, their health, and, we hope to see them all going to our fitness center.

When seniors are fit, we want seniors to enjoy their health and fitness, the more seniors find their own quality of life. The more physically fit seniors have a more positive attitude, so they can live on the more independent longer. We encourage, they are having more fun walking their fitness to our fitness for many more!

— Nancy Ryan, Executive Director,
 The Jaybrook at Hookston

UNMATCHED VALUE - ONE DOLLAR PER THOUSAND!




Unmatched Value in Senior Living is Closer Than You Think!

Gracious Retirement Living - Quality Assisted Care

- Colonial-style estate, nestled near the CT River
- Spacious apartments and extraordinary common areas
- A wide range of activities and social opportunities
- Dynamic team of professional staff caregivers

To learn about our very reasonable monthly rental fees, call **860-345-9779** today for a private tour.



The Jaybrook at Hookston
 1100 Jaybrook Lane, Walling, CT

www.thejaybrook.com

Essex Appoints Town Historian

At a town meeting on August 15, First Selectman Phil Miller appointed Chris Pagliuco to the position of Essex Town Historian. Pagliuco succeeds the late Don Malcarne in that position. "Don had an unparalleled love and expertise of Essex History. He was an important mentor to me on several projects that I have worked on. In time, I hope to build upon Don's scholarship and continue the many ways he worked to make our town's history available to the public," Pagliuco said of his predecessor. Pagliuco, who holds a BA in History from Keene State College and an MA in History from Trinity College, is a social studies teacher at Daniel Hand High School in Madison, CT. He also is a part of the editorial team of *Connecticut Explored*, a quarterly history magazine. He has served on the Board of Trustees of the Ivoryton Library for four years. During the summer, Pagliuco has worked as a docent at the Nathan Hale Homestead in Coventry, CT and, most recently, the Stonington Lighthouse Museum. He has published history articles in the *Hartford Courant*, *Connecticut Explored*, and *Edible Nutmeg*. "I am excited to serve our community in this position. We have tremendous people and resources in our town and I am eager to work with them to preserve and promote the long and distinguished history of our three villages," Pagliuco stated.



Chris Pagliuco, Essex Town Historian.
Photo courtesy of Kris Connors

Happy Holidays from Essex Printing & Events Magazines



"A Local Team Makes A Difference!"

Focusing on:
Asset Management
Estate Planning
Education Funding
Strategies
Retirement Income
Planning
Life/Disability/LTC
Insurance
Group Benefits

For a Complimentary
Portfolio Review or
"Financial Check-Up"
call us at
203.689.9028

your life is our business



James Ian, CASL®
Financial Planner
Financial Services
Representative
www.JamesJlan.com



Matthew Paulsen, CFP®
Sr. Financial Planner
Financial Services
Representative
www.MatthewPaulsen.com



Franco Piscitelli, CFP®
Financial Advisor
Financial Services
Representative
www.FrancoPiscitelli.com

**Jim Ian & Matt Paulsen are Co-Hosts
SmartMoney Radio
960AM WELI
Saturdays 8 - 10 a.m.**



Some health insurance products offered by unaffiliated insurers through the Enterprise General Agency Inc., (EGA) 300 Davidson Avenue Somerset, NJ 08873-4175. Metropolitan Life Insurance Company (MLIC), New York, NY 10166. Securities products and investment advisory services offered by MetLife Securities, Inc. (MSI) (member FINRA/SIPC), and a registered investment advisor, 6 Corporate Drive, Shelton, CT. Tel: 203-513-6000. MLIC, MSI and the EGA are MetLife Companies. MetLife does not offer tax or legal advice. Please consult your tax advisor or attorney for guidance. L0711193289[exp0712][CT]

the red balloon

77 MAIN STREET
ESSEX CT 06426

*Holiday Wishes
and Necessities too,
for Boys and Girls!*



860.767.0763

open daily from
10 - 5:30

sunday
11-5

EXTENSIVE WINE COLLECTION



BEER
SODA
LIQUOR
ICE
LOTTO

FREE DELIVERY

SHORE DISCOUNT
LIQUORS



211 MAIN STREET
DEEP RIVER, CT 06417
860.526.5197
860.526.5413 FAX

94 W. MAIN STREET
CLINTON, CT 06413
860-669-3595
(OCEAN STATE JOB LOT PLAZA)

WNBRSELLER@AOL.COM
WWW.CTWINE.NET



Kelly Layden, formerly at A Style Above, has opened her own shop in Deep River. She and her creative team provide the service and personal attention that clients deserve. They all share a passion for making people feel and look their best. The stylists are talented, friendly professionals that are ready to design a unique style that best suits you as an individual.

Precision cutting, color, perms, chemical and conditioning straightening treatments, special occasion styles, facial waxing, and more.

Call or stop in to make an appointment!

salon**154** 860.322.4448

**“It’s like having a friend
in the business.”**

David Winstead, owner of Essex Printing in Centerbrook



An insurance agent that is friendly, honest and accessible is important to business owners like David. With Stacia Rice Libby, of Thompson & Peck, you get small town personalized attention, combined with exceptionally competitive pricing and comprehensive coverage.

Call Stacia for a quote today!



Thompson & Peck, Inc. | 15 Elm Street | Old Saybrook
860.662.0928 www.thompsonandpeck.com

Thompson & Peck, Inc.
Insurance since 1920

Center Podiatry Foot Pain Specialists



**Foot Pain Emergencies
Seen Immediately**

- Featuring Shockwave Therapy for Chronic Heel Pain
- Custom Made Orthotics
- Diabetic Shoes



Dr. Gary N. Grippo

Board Certified Foot Surgeon
Bone & Joint Specialist



Dr. Sean Lazarus

Sports Injuries - Biomechanics
Pediatric Footcare

www.centerpodiatry.com

1-800-676-FOOT (3668)

Guilford, East Haven, Higganum, West Haven, Clinton
Saturday Appointments Available

Gift Wines for the Holidays

Choosing wines for the holidays can be difficult whether it be for a family meal or a present for a friend. The first thing you need to know is whether they would prefer a red, white or sparkling wine. Then you need to know their style preference; dry, fruity, sweet, acidic, soft on the palate or big and bold. Here are some basic examples for picking a wine.

Starting with white wines, if you are looking for something fruity your best bet would be a Chenin Blanc or a Riesling. When buying a Riesling you should know that the grapes are picked at different times which can alter the sweetness of the wine. For a drier Riesling choose a Kabinett which is the earliest pick. For a medium-sweet wine you should try a Spatlese, and for the sweetest Riesling choose an Auslese which stays on the vine longer and therefore has the highest residual sugar. If you are looking for a fuller white Chardonnay is the way to go. They tend to be rich and buttery since they are usually aged in oak, although some are fermented in stainless steel which allows for a cleaner more crisp Chardonnay. If you are looking for a drier and lighter white both Sauvignon Blanc and Pinot Grigio are right up that alley.

When looking for red wines French Beaujolais and California Merlots tend to have more forward fruit and have lighter finishes. The lightest reds would be Pinot Noir and Cotes-du-Rhone which have plenty of flavor but sit lightly on the tongue and have very smooth finishes. The most robust reds would be Cabernet Sauvignon and Red Zinfandel from

California, as well as French Bordeaux and Italian Barolo and Brunello. These wines are bursting with flavor and have a lot of complexity.

If you prefer sparkling wine there are many to choose from: French Champagne, Italian Prosecco or Spanish Cava to name a few. Champagne tends to be more complex and is usually priced higher than Prosecco and Cava which are usually priced under twenty dollars.

These are of course just a few generalized examples to work with. Sometimes it is difficult to know what to choose when buying for someone else. Come visit our knowledgeable staff to find the perfect dinner-pairing or gift wine. We are here to assist you in making this holiday season a success!

— Art Lipuma, Manager, SeaSide Wine & Spirits

The Shoreline Soup Kitchens & Pantries provides food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

Learn how you can help at:

www.shorelinesoupkitchens.org

SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE! • SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE!

SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE!



SPIRITS OF MADISON

Super Stop & Shop Plaza - Madison

203.245.9695

Located in the Heart of Town

SEASIDE WINE & SPIRITS

118 Main Street - Old Saybrook

860.388.3015

Across from North Cove Outfitters



SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE!

~ Serving Your Shoreline For Over 20 Years ~
FREE In-store Tastings Every Week!

SERVICE - SELECTION - EVERYDAY LOW PRICES - CONVENIENCE
EASY PARKING - WEDDING & PARTY SOLUTIONS - SMILES

A Valley Shore YMCA Membership Saved My Life

The mission of the Valley Shore YMCA is to develop and encourage the growth of all individuals in Spirit, Mind and Body, in an atmosphere of mutual respect. This means different things to four generations of women in my family. To our six year old granddaughter, it means showing her family that she can swim independently, without a bubble. To her mother and aunt, the Y means swim and gymnastics lessons, as well as summer camp and teenage employment. To her great grandmother, the YMCA means mastering the mind-over-matter challenge of learning to swim in her 70s, despite a lifelong fear of being in water over her head.

I have enjoyed regular exercise at the Valley Shore Y for four decades, where I am a member of our local Board of Directors.

*Laid back nights, small plates,
chilled martinis...*



BISTRO & LOUNGE



Café Routier Bistro & Lounge

1353 Boston Post Rd
Westbrook, CT 06498
(860) 399-8700
www.caferroutier.com

I have also been influenced by the world community leadership of the YMCA, with its ability to connect people across the world and train them for community leadership and social service.

I recently experienced a health crisis which served to underscore the mutual importance of the three worlds of mind, body and spiritual health. I contracted a bacterial staphylococcal infection, for which my medical team could not find a cause. The infection rapidly spread to my heart and my brain. Treatment required three surgeries and intravenous antibiotics to stem the infection. My cardiologist informed my family that there is a 40% mortality rate associated with endocarditis, and that the risk of three surgeries boosted that rate exponentially.

But one week after the surgeries, I was alive and lucid. Clinicians from other medical specialties (internal medicine, infectious disease, neurology, orthopedics, and ENT) joined my cardiology team and treated me over the next month. Three weeks at a rehabilitation facility followed the hospitalization. Although there are many unanswered questions about the cause of the staph infection, there was universal consensus about WHY I survived the ordeal. All agreed that my state of health enabled me to endure the surgeries and fight the infection. The recurring comment from the medical community was that "I did not look like my chart"; I seemed stronger than my records indicated.

The fitness I have acquired at the YMCA and often take for granted provided the strength to survive the surgeries and jumpstart a return to health. "Mind" and "spirit" components also formed a net that carried me through the pain and worry of losing my health. The strength of my family, friends and YMCA colleagues prevailed whenever I had doubts about recovery. I am now enjoying regular, although modified workouts at the Valley Shore YMCA. My cardiologist predicts that I will "return to baseline", eventually resuming normal activities.

My granddaughter learned to swim at the YMCA, and my daughters formed life-long connections with the Y. My mother-in-law conquered her fear of water at the Y. And I reclaimed my appreciation for the mind-body-spirit power of the YMCA. Thanks, Y colleagues, for supporting so much more than my physical recovery alone.

— Kathleen C. Laundry, PsyD, LMFT



POLITO & QUINN

TRIAL LAWYERS

Serving Connecticut and Rhode Island



Michael J. Quinn, Esq.
Admitted in CT

Wrongful Death • Medical Malpractice
Automobile Accidents

Humbert J. Polito, Jr., Esq.
Admitted in CT & RI




(860) 447-3300 | www.politoandquinn.com

When one door closes,
another opens . . .



If your printer has
recently closed its
doors, ours are open.

Call or stop by soon!

Essex Printing
18 Industrial Park Road
Centerbrook, CT 06409
860-767-9087
sxprinting@yahoo.com



ESSEX EVENTS

Essex Town Hall
West Avenue
Essex, CT 06426

PRSR STD
U.S. POSTAGE
PAID
PERMIT NO. 155
DEEP RIVER, CT

POSTAL PATRON LOCAL



It is fun to try to win when playing board games. It is even more fun to really win when you switch to a FREE checking account at Essex Savings Bank. You win with our FREE debit card, FREE web banking, FREE electronic bill payment access, and ATM surcharge reimbursements up to \$12 per statement cycle. You also "win" a FREE first order of checks.

There are no maintenance or activity fees. We never play games with the real money you have worked hard to earn and save.

To open a FREE personal checking account or for details on our FREE business checking accounts, contact us today. Make your move to Essex Savings Bank.



Essex, 35 Plains Road, 860-767-2573 • Essex, 9 Main Street, 860-767-8238
Madison, 99 Durham Road, 203-318-8611 • Old Saybrook, 155 Main Street, 860-388-3543
Old Lyme, 101 Halls Road, 860-434-1646
Call Toll-Free: 877-377-3922 • www.essexsavings.com

Member FDIC • Equal Housing Lender